

Allan Besselink

CRO at Smart Life Project

Austin, TX, US

Leading The Smart Health Revolution

Biography

Allan has a unique voice in the world of sport and health care, one that has been defined by his experiences as physiotherapist, McKenzie practitioner, coach, author, educator, patient, and athlete. Allan is the author of "RunSmart: A Comprehensive Approach To Injury-Free Running".

Availability

Keynote, Moderator, Panelist, Workshop, Host/MC, Author Appearance, Corporate Training

Industry Expertise

Health and Wellness, Professional Training and Coaching, Health Care - Providers

Areas of Expertise

Health, Fitness, Sport, Health Care, Physiotherapy

Affiliations

McKenzie Institute International, American Physical Therapy Association, USA Track And Field

Education

Queen's University

BScPT Physical Therapy

McKenzie Institute International

Diploma Mechanical Diagnosis And Therapy

Accomplishments

ACOG Medical Staff, 1996 Atlanta Olympics

Served as a physical therapist on the medical staff for track and field at the 1996 Summer Olympics in Atlanta, GA

Hal Dunlop Shield, Queen's University

Awarded the 1988 Hal Dunlop Shield for significant contribution to athletic therapy at Queen's University. This is one of seven major athletic awards at Queen's University.

Finisher, 2005 Ironman USA Lake Placid

Official finisher, 2005 Ironman USA triathlon. The Ironman triathlon is a 140.6 mile adventure - consisting of a 2.4 mile swim, 112 mile bike, and 26.2 mile run.

Author: "RunSmart: A Comprehensive Approach To Injury-Free Running"

Published first book.

Testimonials**Kami Lerma**

"It was fantastic! I love your presentation style. You give time for the information to sink in before continuing on to the next thought. That helps me a great deal, and I am sure many people would agree with me on that. You definitely keep things interesting and hit all areas from why you do something to how to implement."

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