Allison McWilliams
Assistant VP, Mentoring and Alumni Personal & Career Development. at Wake Forest University
Winston-Salem, NC, US
McWilliams focuses on young adult personal & professional development, networking & interpersonal relationships for both mentors & mentees.

Description
As the head of Wake Forestâ€™s mentoring and alumni personal and career development programs Allison McWilliams recognizes that both mentors and mentees have important responsibilities in ensuring their relationships are productive and meaningful. She is committed to helping both groups develop the skills needed to succeed in their roles. McWilliams is an expert in mentoring both in higher education and in the workplace and has been featured in the Triad Business Journal and Inside Higher Ed. She writes a mentoring blog on The Huffington Post offering insights for anyone interested in mentoring, leadership, interpersonal relationships and networking. In August 2017 she published a book, Five For Your First Five, Own Your Career and Life After College, to support young adults in their first professional roles.

Topics
Personal Development, Career Development, Leadership and Networking, Higher Ed Mentoring, Workplace Mentoring, Internships, Careers

Education
The University of Georgia
Ph.D. Higher Education Administration

The University of Georgia
M.A. Public Relations

Wake Forest University
B.A. English, Spanish

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