

Bonnie Goldstein

Adjunct Lecturer Dept. of Children Youth and Families at USC Suzanne Dworak-Peck School of Social Work

Los Angeles, CA, US

Bonnie Goldstein specializes in group psychotherapy and helping adolescents transition to adulthood.

Biography

BONNIE GOLDSTEIN is a licensed clinical psychologist and social worker who works as an individual, family and group psychotherapist in Los Angeles. Goldstein integrates traditional psychodynamic psychotherapy with progressive psychotherapeutic interventions such as somatic and sensorimotor psychotherapy, eye movement desensitization and reprocessing, and mindfulness training. She specializes in group psychotherapy and helping adolescents transition to adulthood.

Goldstein's professional affiliations have included serving as a consultant to the Early Childhood program at Cedar-Sinai Medical Center Thaliens Clinic, serving as a supervisor at the Beverly Hills Maple Center and the Southern California Counseling Center, and receiving a postdoctoral fellowship at the Reiss-Davis Child Study Center. In 1989, Goldstein founded, and has continued to direct, the Center for Psychological Services as a community-based, sliding-scale facility offering psychotherapeutic services, school-search assistance. It also serves as a training center for clinical interns.

Goldstein is a nationally recognized author, lecturer and consultant. She is a member of the American Psychological Association, California Psychological Association and Group Psychotherapy Association.

Industry Expertise

Social Services, Education/Learning, Writing and Editing

Areas of Expertise

Clinical Psychology, Psychotherapeutic Interventions, Group Psychotherapy

Education

University of California
Ph.D.

Harvard University
Ed.M.

University of California
M.S.W.

University of California
B.A.

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