

# **Carl Castro**

**Director Center for Innovation and Research on Veterans and Military Families Associate Professor  
Social Work Dept. of Social Change and Innovation at USC Suzanne Dworak-Peck School of Social Work  
Los Angeles, CA, US**

Current research efforts include assessing the effects of combat and operations tempo (OPTEMPO) on soldier, family and unit readiness.

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## **Biography**

Carl A. Castro is an associate professor, also serving as the director of the Center for Innovation and Research on Veterans & Military Families. Castro joined the faculty in 2013 after serving 33 years in the U.S. Army, where he obtained the rank of colonel. Castro began his military career as an infantryman in 1981. He served in a variety of research and leadership positions, including as director of the Military Operational Medicine Research Program, Headquarters, U.S. Army Medical Research and Materiel Command, Fort Detrick, Maryland. Castro has completed two tours in Iraq, as well as peacekeeping missions to Saudi Arabia, Bosnia and Kosovo.

He is currently chair of a NATO research group on military veteran transitions, a Fulbright Scholar and member of several Department of Defense research advisory panels focused on psychological health. He is the current editor of *Military Behavioral Health*, the flagship academic journal about the biopsychosocial health and well-being of service members, veterans and military families. Castro has authored more than 150 scientific articles and reports in numerous research areas. His current research efforts focus on assessing the effects of combat and operations tempo (OPTEMPO) on soldier, family and unit readiness, and evaluating the process of service members' transitions from military to civilian life.

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## **Availability**

Keynote, Panelist, Author Appearance

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## **Industry Expertise**

Social Services, Employment Services, Health Care - Services, Education/Learning, Military, Mental Health Care, Government Relations

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## **Areas of Expertise**

Veterans Affairs, Veterans and Military Families, Military Transition Back to Civilian Life, Military Affairs, Psychological Health, Effects of Combat, Behavioral Health, Mental Health, Veterans in High Education

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## **Affiliations**

Fulbright Scholar, *Military Behavioral Health*: Editor

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## **Education**

**University of Colorado**  
PhD

**University of Colorado**  
MA

**Wichita State University**  
BA

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## **Accomplishments**

**Gerson Award, American Psychological Association**  
2017

**Fulbright Specialist, J. William Fulbright Foreign Scholarship Board**  
2014

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