

# **Charles Emery**

**Professor | Department of Psychology at The Ohio State University**

Columbus, OH, US

Clinical psychology expert, specializing in aging and adult development

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## **Description**

Professor Emery received his Bachelor's degree in Psychology from Columbia University in 1980 and his Ph.D. in Clinical Psychology from the University of Southern California in 1985. At USC, Charles specialized in Aging and Adult Development. After internship training at the University of Colorado Health Sciences Center in Denver (1985-86), Charles was a post-doctoral fellow at Duke University's Center for the Study of Aging and Human Development for 2 years. In 1988, he joined the faculty in the Division of Medical Psychology, Department of Psychiatry at Duke University Medical Center. Charles remained at Duke until December 1994, when he moved to Columbus and the Department of Psychology at Ohio State University. At OSU, Charles has continued his research program in behavioral medicine and the psychology of aging, specifically addressing psychological adjustment to chronic illness and psychological outcomes of physical exercise. He is Director of the Cardiopulmonary Behavioral Medicine Program, providing practicum training experience in health psychology for graduate students at OSU. Charles is currently on the editorial boards of Annals of Behavioral Medicine, Heart & Lung, Journal of Behavioral Medicine, and Journal of Cardiopulmonary Rehabilitation and Prevention.

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## **Industry Expertise**

Research, Writing and Editing, Education/Learning, Health and Wellness, Health Care - Facilities, Health Care - Providers, Health Care - Services, Advanced Medical Equipment

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## **Topics**

Cardiopulmonary endurance, Cognitive functioning, Psychological well-being

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## **Affiliations**

Annals of Behavioral Medicine: Board Member, Journal of Behavioral Medicine: Editorial Board Member, Journal of Cardiopulmonary Rehabilitation and Prevention: Editorial Board Member, Heart & Lung Editorial Board Member

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## **Education**

**Duke University Medical Center**

Postdoctoral Fellow Aging and Adult Development

**University of Colorado Health Sciences Center**

Internship Clinical Psychology

**University of Southern California**  
Ph.D. Clinical Psychology

**University of Southern California**  
M.A. Clinical Psychology

**Columbia University**  
B.A. Psychology

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