

# **Cheryl Woods Giscombe, Ph.D., R.N., PMHNP-BC**

Melissa and Harry Levine Professor of Quality of Life, Health Promotion, School of Nursing at UNC-Chapel Hill

Chapel Hill, NC, US

Melissa and Harry LeVine Family Professor of Quality of Life, Health Promotion and Wellness

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## **Description**

Cheryl L. Woods Giscombe, PhD, RN, PMHNP-BC is the Melissa and Harry LeVine Family Professor of Quality of Life, Health Promotion and Wellness. Her program of research focuses on understanding and reducing stress-related health disparities among African Americans. Her research incorporates sociohistorical and biopsychosocial perspectives to investigate how stress and coping strategies contribute to stress-related psychological and physical health outcomes. Dr. Giscombe has a particular interest in the potential for integrative approaches to reduce mental health-related disparities among African Americans.

Dr. Giscombe is dually trained in nursing and psychology. She completed a BA in psychology from North Carolina Central University and a BSN from Stony Brook University in New York. She earned MA and PhD degrees in social and health psychology from Stony Brook University and a MSN from the psychiatric-mental health nurse practitioner/clinical nurse specialist program at the University of North Carolina at Chapel Hill. Dr. Giscombe completed certification in holistic health from the Institute of Integrative Nutrition in Manhattan, New York. In addition, she completed postdoctoral training at UNC Chapel Hill (Interventions to Prevent and Manage Chronic Illness funded by NIH/NINR and the Substance Abuse and Mental Health Services Administration Minority Fellowship Program in collaboration with the American Nurses Association). In 2007 Dr. Giscombe was selected as a "Leader in the Field" by the American Psychological Association when she was awarded the Carolyn Payton Early Career Award.

Dr. Giscombe is particularly grateful for her immediate family (husband, Kessonga and two daughters, Zuri and Zola) her extended family, friends, and mentors who support and inspire her both professionally and personally.

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## **Industry Expertise**

Health and Wellness, Health Care - Providers, Health Care - Services, Education/Learning, Public Policy, Medical/Dental Practice, Research

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## **Topics**

Social Health, Psychology, Nutrition, Mental Health, Holistic Health

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## **Affiliations**

American Psychological Association, American Nurses Association

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## **Education**

**Stony Brook University**  
Ph.D. Social and Health Psychology

**University of North Carolina at Chapel Hill**  
M.S.N. Nursing

**Stony Brook University**  
M.A. Social and Health Psychology

**Stony Brook University**  
B.S.N. Nursing

**North Carolina Central University**  
B.A. Psychology

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## **Accomplishments**

**Brilliant New Investigator Award**  
2012

Council for the Advancement of Nursing Science

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