

# **Chris Minson**

**Singer Endowed Professor, Department of Human Physiology at University of Oregon**

Eugene, OR, US

Expert in exercise physiology, women's health, heart health and thermoregulation.

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## **Description**

Christopher Minson is an expert in human cardiovascular health, thermoregulation, and exercise physiology. He is the Kenneth and Kenda Singer Professor of Human Physiology. Dr. Minson has received funding from numerous funding agencies including the NIH, American Heart Association, and the Department of Defense. His research is focused on how the blood vessels, heart, and nervous system regulate blood pressure and blood flow in humans. One line of research investigates how humans adapt to extreme heat. Current work is directed towards understanding how chronic heat therapy can be used to improve cardiovascular health of people with spinal cord injuries. A second line of research investigates how natural and synthetic forms of estrogen and progesterone impact cardiovascular health and blood pressure regulation in women. His teaching emphases are in the areas of cardiovascular and environmental physiology. He also serves as a consultant to professional athletes, sports teams, and industry partners.

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## **Industry Expertise**

Education/Learning

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## **Topics**

Exercise Physiology, Women's Health, Heart Health, Thermoregulation

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## **Affiliations**

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