

Christy Buchanan

Professor of Psychology; Senior Associate Dean for Academic Advising at Wake Forest University

Winston-Salem, NC, US

Buchanan studies how parents' expectations affect teen behavior.

Biography

From peer pressure to family meals to monitoring what teens do to talking about alcohol and drugs, Christy Buchanan can help navigate the challenging waters of parent/teen relationships. She studies how parents' expectations for adolescence affect parenting as well as teen behavior and can explain what factors promote positive social and emotional development in adolescents. Co-author of *Adolescents after Divorce*, Buchanan can also address what happens to children of divorce. How do custody arrangements and conflict between parents affect the kids? She has been interviewed by media across the country, including national broadcast and print outlets, including parenting magazines.

Areas of Expertise

Children and Divorce, Teens, Adolescence, Relationships Between Teens and Parents, Parent-Child Relationships, Developmental Psychology, Civic Development in Adolescents and Young Adults, Parenting Adolescents, Adolescent Development

Education

University of Michigan

Ph.D. Psychology

Seattle Pacific University

B.A. Psychology

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