

Colleen Haggerty

Author, Coach, Speaker at self-employed

Bellingham, Washington Area, , US

Author, Coach, Speaker

Biography

When Colleen was seventeen years old, she was in a car accident and lost her left leg. Her physical disability didn't keep her down for long. She spent her twenties exploring the limits of her body through various activities and adventure sports. It was when she married and became pregnant in her mid-thirties that she truly became disabled.

Her journey of walking through life on one leg not only impacted her emotional life, but it also informed her work life. She spent over fifteen years as a manager in the non-profit world, working to empower the underdogs to live a life of independence and meaning. This gave her first-hand experience with program development, motivating employees to be their best, and thinking outside the box.

Colleen is a professional speaker, certified coach and published author.

Availability

Keynote, Panelist, Workshop, Author Appearance

Industry Expertise

Professional Training and Coaching, Women, Social Services, Program Development, Alternative Dispute Resolution, Non-Profit/Charitable

Areas of Expertise

Forgiveness, Resilience, Mentoring, Acceptance, Disability, Mothering

Event Appearances

Keynote Speaker

Prosthetics Outreach Foundation

Speaker

Big Brothers Big Sisters

Keynote Speaker

Team Survivor Northwest

Education

Coach Training Alliance

Western Washington University
BA in Parks and Recreation Therapeutic Recreation

Western Washington University
B.A. Parks and Recreation

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