

# **Debbie Gore**

**Professional SPeaker at Recipe for Life**

Grapevine, TX, US

Recipe for Life

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## **Biography**

A motivational speaker, coach and trainer, Debbie's personal journey has been full of forks in the road. A fashion buyer whose career began at Dillard's, eventually moving on to A Pea in the Pod and Viacom Entertainment, found she liked food more than fashion after taking a volunteer position buying for a gourmet store between jobs. Her passion unleashed; she transitioned her career and published her first cookbook, managed culinary schools and became a chef. With a successful corporate career behind her she packaged that knowledge with the discovery of the key ingredients to personal fulfillment.

Today Debbie facilitates "Recipe for Life", a program encouraging health, wellness and personal development. Through team building, workshops and presentations, Debbie guides participants to examine powerful ingredients for a successful personal and professional life.

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## **Availability**

Keynote, Workshop, Author Appearance

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## **Industry Expertise**

Restaurant/Food Service, Women, Retail

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## **Areas of Expertise**

Health and Wellness, Career Transition, Personal Development, Work Life Balance, Empowerment

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## **Sample Talks**

### **Recipe for Life**

Motivational speaker, Debbie Gore has inspired thousands to re-create their lives by writing their own personal recipes for life. Transitioning from corporate buying to culinary, Debbie Gore created "Recipe for Life" so teams and individuals are more effective and satisfied both personally and professionally. Her key ingredients for success and greater productivity are shared in presentations, breakout sessions and workshops.

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## **Event Appearances**

**Recipe for Life**  
Healthy Nutritional Cooking

**Recipe for Life**  
Metrocrest Chamber of Commerce

**Recipe for Life**  
Rockwall Women's League

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## **Education**

**Kansas State University**  
Bachelor of Arts Modern Languages

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