

Donna Henderson

Professor of Counseling at Wake Forest University

Winston-Salem, NC, US

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Biography

From bully-proofing children to easing the adjustment to a new school, Donna Henderson is an expert on the everyday issues confronting children and their parents. Co-author of the books *Counseling Children* and *Developing an Effective and Accountable School Counseling Program*, Henderson's comments and advice for parents have been featured in the *Associated Press*, the *Washington Post*, the *Toronto Globe & Mail*, and many other media outlets.

She can address such topics as fostering a good relationship with a child's teacher, helping children adjust to social pressures at school, dealing with "mean girls," and mastering the dos and don'ts of school volunteering.

Henderson served as president of the Association for Counselor Education and Supervision and Chi Sigma Iota, the counseling honor society. Before she began training school counselors, she served as a teacher and school counselor for 12 years. Henderson can also address international issues in counseling and mental health. She co-developed a training course to help volunteers in developing countries respond to mental health issues.

Areas of Expertise

Bullying, School Transitions, Middle School, Parent-Teacher Communications, School Counseling, Counseling Children, International Counseling

Education

University of Tennessee at Knoxville

Ph.D. Counseling

James Madison University

M.A.T. English

Meredith College

B.A. Undergraduate Studies

Peace College

A.A. Undergraduate Studies

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