

# **Donna Henderson**

**Professor of Counseling at Wake Forest University**

Winston-Salem, NC, US

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## **Biography**

From bully-proofing children to easing the adjustment to a new school, Donna Henderson is an expert on the everyday issues confronting children and their parents. Co-author of the books *Counseling Children* and *Developing an Effective and Accountable School Counseling Program*, Henderson's comments and advice for parents have been featured in the Associated Press, the Washington Post, the Toronto Globe & Mail, and many other media outlets.

She can address such topics as fostering a good relationship with a child's teacher, helping children adjust to social pressures at school, dealing with "mean girls," and mastering the dos and don'ts of school volunteering.

Henderson served as president of the Association for Counselor Education and Supervision and Chi Sigma Iota, the counseling honor society. Before she began training school counselors, she served as a teacher and school counselor for 12 years. Henderson can also address international issues in counseling and mental health. She co-developed a training course to help volunteers in developing countries respond to mental health issues.

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## **Areas of Expertise**

Bullying, School Transitions, Middle School, Parent-Teacher Communications, School Counseling, Counseling Children, International Counseling

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## **Education**

**University of Tennessee at Knoxville**

Ph.D. Counseling

**James Madison University**

M.A.T. English

**Meredith College**

B.A. Undergraduate Studies

**Peace College**

A.A. Undergraduate Studies

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