

Dr. Bradley Willcox

Professor and Director of Research at Department of Geriatric Medicine, John A. Burns School of Medicine, University of Hawaii

Honolulu , HI, US

Dr. Willcox is also an author of a NY Times best-selling book on healthy aging

Biography

Dr. Willcox is a Professor and Director of Research at the Department of Geriatric Medicine, John A. Burns School of Medicine, University of Hawaii, at the Kuakini Medical Center (KMC) Campus. He is also a Principal Investigator of the NIH-funded Kuakini Hawaii LIFESPAN and HEALTHSPAN Studies and co-Principal Investigator of the Okinawa Centenarian Study. He is also active clinically as a Physician co-Leader of the Long Term Care Hospitalist Service at The Queens Medical Center. Dr. Willcox trained in Medicine at the University of Toronto, Internal Medicine at the Mayo Clinic, and Geriatric Medicine at Harvard Medical School.

Dr. Willcox has published widely in the genetic, environmental and clinical aspects of healthy aging, is on the Editorial Board of the Journals of Gerontology, the leading gerontological journal. He has been recognized with a Dorothy Dillon Eweson Award for Advances in Aging Research, the Henry Christian Award from the American Federation for Medical Research, and a Director's Citation from the Centers for Medicare and Medicaid Services.

He is a fellow of the Gerontological Society of America and a three-time nominee for Outstanding Physician of the Year at The Queen's Medical Center. Dr. Willcox is also an author of a NY Times best-selling book on healthy aging, The Okinawa Program, and his work has appeared in cover articles of Time Magazine, National Geographic, and on Oprah, Good Morning America, NOVA Science, BBC, among other media.

Industry Expertise

Research, Education/Learning

Areas of Expertise

Long-Term Care, Internal Medicine, Geriatric Medicine

Education

University of Calgary

M.Sc. Neuroscience

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