

# **Dr. David Cavan**

**Director of Policy and Programmes at International Diabetes Federation**

Brussels, , BE

Until 2014 Dr David Cavan was a Consultant Physician at the Bournemouth Diabetes and Endocrine Centre  
Bournemouth, UK

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## **Biography**

Dr David Cavan MD, FRCP joined IDF on 2013 as Director of Policy and Programmes. He is a medical doctor, who previously worked as a Consultant Physician at the Bournemouth Diabetes and Endocrine centre, one of the leading diabetes centres in the UK. He has expertise in all areas of diabetes management, with particular interests in intensive management of type 1 diabetes, dietary management of type 2 diabetes and the development of self-management education programmes. His previous roles include Chair of the Education and Psychosocial Care Section of Diabetes UK, in which role he contributed to the development of the National Service Framework for Diabetes.

The IDF is an umbrella organization of over 230 national diabetes associations in 170 countries and territories. It represents the interests of the growing number of people with diabetes and those at risk. The Federation has been leading the global diabetes community since 1950. At IDF, he oversees a number of programmes in many countries, aimed at promoting improved care for people with diabetes. These programmes cover paediatric care, gestational diabetes, foot care and retinopathy, in addition to programmes to support the education of people with diabetes and healthcare professionals.

In 2014 he wrote his first book, 'Reverse your diabetes: the step by step plan to take control of type 2 diabetes' aimed at supporting people with type 2 diabetes make lifestyle changes that will help them best manage the condition.

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## **Industry Expertise**

Health and Wellness, Health Care - Facilities, Health Care - Services, Research

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## **Areas of Expertise**

Re-enablement, Diabetes, Diabetes Education

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## **Education**

**University of Southampton**

M.D. Medicine

**University of Southampton**

B.M. Medicine

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