

# **Dr. Marla Shapiro**

**Professor, Department of Family and Community Medicine | Preventive Medicine at University of Toronto**

Toronto, ON, CA

Dr. Shapiro was named a member of the Order of Canada, for contributions as a family physician and trusted source of health information.

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## **Biography**

Dr. Shapiro completed medical school at McGill University and trained at the University of Toronto for her Masters of Health Science in Community Health and Epidemiology. She trained in Family Medicine and is certified by the Canadian College of Family Practice. She concluded her specialty training in Preventive Medicine and Public Health, receiving her Fellowship from the Royal College of Physicians and Surgeons of Canada. She holds a Fellowship in Family Medicine and is a North American Menopause Society credentialed menopause specialist.

Since 2000, Dr. Shapiro has been the Health and Medical Expert for CANADA AM. In addition to her weekly appearances on CANADA AM, Dr. Shapiro is seen regularly on CTV News Channel and as the medical consultant on CTV National News. In 2012, she hosted CTV News Channel's DR. MARLA & FRIENDS, a weekly series examining the most current and news-driven medical topics and stories. In addition, Dr. Shapiro has contributed topical, medical investigative documentaries for CTV's W5, Canada's most-watched documentary series. In 2003, she began hosting BALANCE: TELEVISION FOR LIVING WELL, a refreshing daily health and lifestyle show seen across North American households.

In 2015, Dr. Shapiro was named a member of the Order of Canada, for contributions as a family physician and trusted source of health information.

Dr. Shapiro has written a regular column for The Globe and Mail. She currently writes her weekly blog on the CTVNews.ca website. Dr. Shapiro is the Founding Editor of ParentsCanada Magazine.

Additionally, Dr. Shapiro is a member of several committees and advisory boards including the Board for the Canadian Foundation for Women and Health, Research Canada and The North American Menopause Society. She was on the original Board of The Canadian Partnership Against Cancer having stepped down after 6 years.

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## **Industry Expertise**

Health and Wellness, Research

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## **Areas of Expertise**

Women's Health, Menopause, Immunization, Vaccine Hesitancy, Epidemiology, Family Medicine, Community Health

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## **Affiliations**

President Elect of The North American Menopause Society

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## **Education**

**University of Toronto**  
M.Sc. Epidemiology

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## **Accomplishments**

### **May Cohen Award from the Federation of Medical Women of Canada**

The May Cohen Award for Women Mentors is presented to a woman physician who has demonstrated outstanding mentoring.

### **Member of the Order of Canada**

Established in 1967 by Her Majesty Queen Elizabeth II, the Order of Canada is the cornerstone of the Canadian Honours System, and recognizes outstanding achievement, dedication to the community and service to the nation. The Order recognizes people in all sectors of Canadian society.

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