

# **Dr. Sytse Zuidema**

**Professor of Elderly Care Medicine and Dementia at University Medical Center Groningen (UMCG)**  
Groningen, , NL

Prof Sytse Zuidema is Professor of Elderly Care Medicine and Dementia at University Medical Center Groningen (UMCG)

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## **Biography**

Dr. Sytse Zuidema is Professor of Elderly Care Medicine and Dementia at University Medical Center Groningen (UMCG). Sytse Zuidema has been a specialist in geriatric medicine since 2000. He earned his PhD in 2008 on problem behaviors in people with dementia in nursing homes and from 2012 worked in the Courts. Since 2011 he has been head of the geriatrics section at the general medicine department of the University Medical Center Groningen.

Dr. Zuidema is an elderly care physician with a focus of consultation on elderly care physicians and team on complex care problems / neuropsychiatric symptoms in people with dementia. His research focuses on psychotropic drug use and psychosocial interventions for people with dementia in long-term care and community. He runs transition and implementation projects to improve care for frail people in community and long-term care in order to stimulate scientific research interest and competencies of the specialist training programme for elderly care physicians.

Prof Zuidema is head of UNO-UMCG, a care home network linked to the UMCG aimed at improving quality of elderly care through scientific research ([www.uno-umcg.nl](http://www.uno-umcg.nl)).

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## **Industry Expertise**

Research, Education/Learning, Elder Care, Writing and Editing, Health and Wellness

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## **Areas of Expertise**

Geriatric Medicine, Dementia, Long-term Care and Community, Frailty

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## **Affiliations**

UNO-UMCG : Head

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## **Education**

University of Groningen  
MD Medicine

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