

Elizabeth Budd

Evergreen Assistant Professor, Counseling Psychology and Human Services at University of Oregon
Eugene, OR, US

Health promotion expert, focusing on obesity and chronic disease prevention

Description

Elizabeth "Liz" Budd, a member of the University of Oregon's Prevention Science Institute and the Health Promotion and Obesity Prevention Initiative, focuses on obesity and chronic disease prevention. Her approach is done primarily through community-based promotion of physical activity and healthy eating, especially among girls and adolescents. She is also interested in institutional policies (e.g., schools) and how they influence health behaviors. Her most recent research, begun before she joined the UO faculty in 2016, examined cross-country factors that influence the implementation of evidence-based, preventative interventions for chronic disease in Australia, Brazil, China and the United States.

Industry Expertise

Research, Education/Learning, Writing and Editing, Health and Wellness, Health Care - Facilities, Health Care - Providers, Public Policy

Topics

Health Promotion and Obesity Prevention Initiative, Prevention Science, Family and Human Services

Affiliations

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