

# **Elizabeth Burgess Dowdell, PhD**

**Professor and Coordinator of Undergraduate Research | M. Louise Fitzpatrick College of Nursing at Villanova University**

Villanova, PA, US

Elizabeth Dowdell, PhD, RN, FAAN, is an expert in the use of social media by adolescents and the health risks posed by online behaviors.

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## **Biography**

The use of social media across the globe is expanding exponentially as the number of social media outlets, applications, and access continue to increase. Along with this growth in connectivity come concerns about child Internet victimization as well as new phenomena associated with technology. Dr. Dowdell is an expert in the use of social media by teens and the health risks posed by their online behaviors. She can address how risky online behaviors endanger vulnerable children, how technology affects a child's and family's everyday life and the emergence of new technology-related behaviors like sleep texting.

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## **Industry Expertise**

Research, Education/Learning, Health and Wellness

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## **Areas of Expertise**

Cyberbullying, Gun Violence, Health Risk Behaviors in Children and Adolescents, Internet Safety, Sleep Texting, Violence and Victimology

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## **Affiliations**

Consultant, U.S. Department of Justice, The Office of Juvenile Justice and Delinquency Prevention

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## **Education**

**University of Pennsylvania**  
PhD

**Boston College**  
MS

**Vanderbilt University**  
BSN

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## Select Accomplishments

### **Villanova University Outstanding Faculty Research Award**

2023 The award selection committee noted Dr. Dowdell's impressive, groundbreaking scholarship in critical areas related to child and adolescent health, safety and well-being which has an important and wide-ranging impact across disciplines; also cited was her how her innovative work has helped shape policy.

### **American Academy of Nursing Fellow**

2012 Inducted as a fellow in to the American Academy of Nursing.

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