

Eric Hall

Professor of Exercise Science and Faculty Athletics Representative at Elon University

Elon, NC, US

Dr. Eric Hall's primary research interest is in the area of exercise neuroscience.

Biography

Dr. Eric Hall is a professor of exercise science and the faculty athletics representative at Elon University. He received his undergraduate degree from Miami University and did his graduate work at the University of Illinois at Urbana-Champaign in Kinesiology.

His primary research interest is in the area of exercise neuroscience as it relates to physical activity and mental health, as well as the impact of concussions on student-athletes. Additionally, he is interested in the influence of high-impact practices on student development, as well as, the importance of high-quality mentorship in undergraduate research and other high impact practices.

Hall has authored over 80 research articles, six book chapters and is the co-editor of a recent book, "Concussion in Athletics: Assessment, Management and Emerging Issues." He currently serves as co-director for the Elon BrainCARE Research Institute (www.elon.edu/braincare) which has concussion advocacy and positive mental wellness as the primary goals.

He has served on the NCAA Committee on Competitive Safeguards and Medical Aspects of Sports and is currently on the NCAA Concussion Protocol Committee. He has received the Ward Family Excellence in Mentoring Award (2010); Japeth E. Rawls Professor for Undergraduate Research in Science, an endowed professorship for mentorship of undergraduate students (2013); Distinguished Scholar Award (2016); as well as the School of Education Excellence in Scholarship Award (2006) during his time at Elon.

Industry Expertise

Education/Learning

Areas of Expertise

High Impact Practices, Mental Health, Mentoring, Concussions, Student-Athletes, Undergraduate Research, Physical Activity, Neuroscience

Affiliations

Undergraduate Research Program Advisory Committee : Member, The Health and Wellness Learning Community : Co-Advisor, Health and Human Performance Majors Club : Co-Advisor, Honors Advisory Committee, Eating and Body Image Concerns Network : Co-Chair, Academic Advisor

Education

University of Illinois at Urbana-Champaign
Ph.D. Kinesiology and Exercise Science

University of Illinois at Urbana-Champaign
M.S. Kinesiology and Exercise Science

Miami University
B.S. Kinesiology and Exercise Science

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