

Gary Elkins, Ph.D., ABPP

Professor of Psychology and Neuroscience (Core Clinical Faculty) at Baylor University
Waco, TX, US

Expert in clinical psychology, health psychology & the science of hypnotherapy for menopause & sleep disorders.

Biography

Dr. Gary Elkins' areas of specialization are clinical psychology, health psychology, and hypnotherapy. He is a licensed psychologist and is board certified in Clinical Health Psychology by the American Board of Professional Psychology. He is also board certified in Psychological Hypnosis by the American Board of Psychological Hypnosis (ABPH). He has served as the President of the American Society of Clinical Hypnosis and is the president-elect of Division 30 (Society for Psychological Hypnosis) of the American Psychological Association. He is the author of the book, Hypnotic Relaxation Therapy: Principles and Applications. In the past, Dr. Elkins served on the Texas State Board of Examiners of Psychologists. Dr. Elkins hobbies includes fly fishing and exercise.

Industry Expertise

Education/Learning

Areas of Expertise

Clinical Psychology, Health Psychology, Hypnotherapy, Hypnotherapy for Hot Flashes, Breast Cancer Survivors, Alternative Medicine, Sleep Problems and Stress Management

Affiliations

Society for Clinical and Experimental Hypnosis : President, International Journal of Clinical and Experimental Hypnosis : Incoming Editor

Education

Texas A&M University
Ph.D.

Henderson State University
B.A.

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