

# **Gary Elkins, Ph.D.**

**Professor, Psychology and Neuroscience at Baylor University**

Waco, TX, US

Dr. Gary Elkins' areas of specialization are clinical psychology, health psychology, and hypnotherapy.

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## **Biography**

Dr. Gary Elkins' areas of specialization are clinical psychology, health psychology, and hypnotherapy. He is a licensed psychologist and is board certified in Clinical Health Psychology by the American Board of Professional Psychology. He is also board certified in Psychological Hypnosis by the American Board of Psychological Hypnosis (ABPH). He has served as the President of the American Society of Clinical Hypnosis and is the president-elect of Division 30 (Society for Psychological Hypnosis) of the American Psychological Association. He is the author of the book, Hypnotic Relaxation Therapy: Principles and Applications. In the past, Dr. Elkins served on the Texas State Board of Examiners of Psychologists. Dr. Elkins hobbies includes fly fishing and exercise.

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## **Industry Expertise**

Education/Learning

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## **Areas of Expertise**

Clinical Psychology, Health Psychology, Hypnotherapy, Hypnotherapy for Hot Flashes, Breast Cancer Survivors, Alternative Medicine, Sleep Problems and Stress Management

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## **Affiliations**

Society for Clinical and Experimental Hypnosis : President, International Journal of Clinical and Experimental Hypnosis : Incoming Editor

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## **Education**

**Texas A&M University**

Ph.D.

**Henderson State University**

B.A.

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