

Janet Baldwin Anderson, PhD

Adjunct Faculty - School of Leadership Studies at Fielding Graduate University

Takoma Park, MD, US

Experienced coach and educator

Description

An experienced coach and educator, Janet works with professionals, leaders, and other adults to achieve goals and navigate transitions in personal and professional life. Expertise in mindfulness practice, presence-based coaching, lifelong learning, and development of human competence. Adjunct Faculty member at Fielding Graduate University teaching online graduate level courses in Evidence-Based Coaching. Completed Doug Silsbee's Presence-Based Coaching program (2010) and Living Into Presence Coaching Course (LIPCC, 2011).

Industry Expertise

Education/Learning, Research, Training and Development

Topics

Evidence Based Coaching, Neuroscience and the Practice of Mindfulness, Personal Mastery, Somatic Awareness, Interpersonal Neurobiology, Human Competence, Experiential Learning

Affiliations

International Coach Federation : Member, Metro-DC International Coaching Federation (ICF) Chapter : Member, Maryland International Coaching Federation (ICF) Chapter : Member

Past Talks

Coaching and the Brain

(November, 2011) Two-day in-person graduate-level class in mindfulness and insights from neuroscience

Mindfulness and the Social Brain: Implications for the Coach-Client Relationship

(2009) ICF Metro DC-Capital Coaches Conference

Coaching Skills for Professional Development: Research Findings

(2005) Third Annual International Coach Federation Research Symposium

Coaching Skills for Educational Leaders

(2005) Annual conference of the National Staff Development Council

Education

University of Maryland College Park

PhD Educational / Psychological Research and Evaluation Methods

University of Florida

EdM Childhood Education

University of Florida

BA English Literature

Accomplishments

Who's Who of American Women

(2004) Named in the 24th Edition

International Conference on How Adults Learn

(2000) U.S. Delegate

Special Interest Group on Adult Literacy and Adult Education

(2000) Founding Member

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