

# Jennifer Polk

**Coach & Entrepreneur at From PhD to Life / Beyond the Professoriate / Self-Employed PhD**

Toronto , ON, CA

Life and Career Coaching for Graduate Students and PhDs / Professional Development for Nonfaculty Careers / Online Community Builder

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## Description

Jennifer Polk works as an academic, career, and life coach. Her clients “graduate students and PhDs” are a diverse group of individuals based all around the world, from Canada, the US, the UK, Europe, Australia, and elsewhere. Jen speaks on campuses and at conferences throughout North America on issues related to graduate education and career outcomes for PhDs, and her writing has appeared in the Globe and Mail, University Affairs, Vitae, and Academic Matters. Find Jen online at FromPhDtoLife.com, which features resources for PhD career changers, and at her award-winning University Affairs blog. Check out Beyond the Professoriate for professional development programming for PhDs seeking nonfaculty careers, and Self-Employed PhD, a new online community for freelancers, consultants, and entrepreneurs. For three years, Jen hosted #withaPhD chat, a twice-monthly discussion on Twitter. Dr. Polk earned her PhD in history from the University of Toronto in 2012.

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## Industry Expertise

Professional Training and Coaching, Writing and Editing

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## Topics

Phd Careers, Graduate Education, Career Transition, Self-Employment, Life Coaching, Professional Development, Career Coaching, Academic Coaching, Entrepreneurship, Coaching & Training, Online Community-Building, Social Media for Academics

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## Affiliations

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### Education

**University of Toronto**  
PhD History

**Carleton University**  
MA History

**Carleton University**  
BA European and Russian Studies

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## **Accomplishments**

### **Best Blog or Column**

Gold winner in the B2B/Academic category for my University Affairs blog, From PhD to Life

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