

# **Jetena Benson**

**Adjunct Lecturer at USC Suzanne Dworak-Peck School of Social Work**

Los Angeles, CA, US

Clinical social worker, focusing on health services

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## **Description**

Jetena Benson, adjunct lecturer, is a licensed clinical social worker, currently with the Los Angeles County Department of Health Services. An integral member of the Compliance and Population Management Program at Twin Towers Correctional Facility, she evaluates mental health services and prepares audits and reports per the Department of Justice consent decree to monitor, improve and provide effective mental health services within the LA County jail system.

Her prior experience was with LA County Department of Mental Health in Skid Row, where she worked extensively with the homeless population. In her first assignment, for the CalWORKS Homeless Families Project, her duties included crisis intervention, comprehensive initial mental-health screening and assessment, individual psychotherapy, case management, facilitation of multidisciplinary team meetings and completion of quarterly reports. Her second placement was at the first integrated health care clinic in Skid Row: as a member of the Field Capable and Clinical Services Program, she worked with adults diagnosed with severe and persistent mental illness who often had co-occurring substance and/or medical disorders.

A trained behaviorist with five years of therapy experience working with children diagnosed with autism, she is also trained in dialectical behavioral therapy, cognitive behavioral therapy and other evidence-based practices. Her interests include SPMI, developmental disability and forensic social work.

A graduate of the University of California, Irvine, she earned her MSW from the University of Southern California.

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## **Industry Expertise**

Social Services, Mental Health Care, Education/Learning, Research, Health and Wellness, Public Policy

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## **Topics**

Initial Mental Health Screening, Psychotherapy, Case Management

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## **Affiliations**

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## **Education**

University of Southern California  
MSW

University of California, Irvine  
BA

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