

Jim Pivarnik

Professor of Kinesiology and Epidemiology at Michigan State University

East Lansing, MI, US

Expert on physical fitness, special interest in fitness related to women and pregnancy.

Biography

James Pivarnik is a professor of kinesiology and epidemiology and is also the Director of the Center for Physical Activity and Health. As an exercise physiologist and epidemiologist, he studies the exercise responses of females, particularly during pregnancy, and children, both healthy and those with chronic diseases. His focus is on the role of physical activity in reducing the risk factors for chronic disease development (e.g., cardiovascular disease) and the morbidity and mortality of those suffering from such conditions.

Industry Expertise

Education/Learning, Health and Wellness

Areas of Expertise

Computer applications , Exercise and sport physiology , Physiological testing

Affiliations

American College of Sports Medicine

Education

Indiana University

Ph.D.

James Madison University

M.S.

Indiana University

B.S.

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