

# **Karen Osilla**

**Adjunct Assistant Professor at USC Suzanne Dworak-Peck School of Social Work**

Los Angeles, CA, US

Developing, evaluating, and disseminating interventions for mental health and substance use disorders among underserved populations.

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## **Description**

Karen Chan-Osilla is a Senior Behavioral Scientist and Clinical Psychologist at RAND, and has substantial experience in the area of developing, evaluating, and disseminating interventions for mental health and substance use disorders among youth, adult, and underserved populations.

She has published over 85 articles on this research. Current projects include a web-intervention trial, Partners Connect, for military spouses concerned about their service member's drinking, and Project REACH, a Cognitive Behavioral Therapy trial for predominantly Hispanic individuals with a first-time DUI offense.

Dr. Osilla has led projects funded by the Department of Defense including two large environmental scans of the military health literature, which she subsequently published in policy papers and a peer-reviewed chapter.

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## **Industry Expertise**

Health Care - Services, Mental Health Care, Health and Wellness, Social Services

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## **Topics**

Veteran Mental Health, Cognitive - Behavioral Interventions, Psychology, Mental Health, Behavioral Health, Substance Abuse Disorders, Military and Family Members

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## **Affiliations**

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## **Education**

University of Washington  
PhD Clinical Psychology

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