

# **Kate Einarson**

**Postdoctoral Researcher at University of Toronto | Centre for Addiction and Mental Health**

Toronto, ON, CA

Researcher, educator, and knowledge translator. Studying infant and child development, and making research useful to teachers and parents

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## **Biography**

I am currently a research fellow jointly appointed between the University of Toronto and the Institute for Mental Health Policy Research at CAMH.

I investigate developmental psychology, and my current research is conducted in partnership with the Ontario Ministry of Children and Youth Services. Prior to this, I conducted scientific studies of infant and child development at the McMaster Institute for Music and the Mind. I have also been a music educator for more than a decade, teaching early childhood music as well as private and group-based instrumental music.

I especially enjoy translating scientific research for a broader audience. My presentations to music educators, schoolteachers, parent groups, and the general public have been featured in the New York Times, on the CBC, through YouTube, and in print media.

I am always excited to hear from like-minded researchers, artists, and educators about consulting and collaboration opportunities! For up-to-date information on my publications, teaching, speaking, and outreach, please visit [kateeinarson.ca](http://kateeinarson.ca)

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## **Industry Expertise**

Education/Learning, Performing Arts, Research, Music

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## **Areas of Expertise**

Child Development, Music and Mind, Arts Education, Mental Health and Substance Use, Language and Literacy

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## **Affiliations**

Sessional Instructor at McMaster University, Research Consultant for the International Symposium on Talent Education, Music Educator at the Oakville Suzuki Association

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## **Education**

**McMaster University**

Ph.D. Psychology, Neuroscience & Behaviour

**SickKids Hospital**

Knowledge Translation Professional Certificate (KTPC)

**University of Manitoba**

B.A. (Adv) Linguistics and Psychology

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## **Accomplishments**

**YWCA Hamilton Young Woman of Distinction award, runner-up**  
2015 nominee

**Teaching Merit Award for New Faculty**  
Annual award by the McMaster Students Union  
2014 recipient

**Dean's Award for Excellence in Knowledge Mobilization and Innovation**  
Annual award by the McMaster School of Graduate Studies  
2014 recipient

**Herb Jenkins Discovery Scholar Award**  
Annual award by the McMaster Alumni Association  
2013 recipient

**Dean's Award for Excellence in Communicating Graduate Research**  
Annual award by the McMaster Students Union  
2013 recipient

**People's Choice Award winner, McMaster Three-Minute Thesis (3MT)**  
Inaugural McMaster 3MT competition  
2013 winner

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