

Lauren Mizock, PhD

Doctoral Faculty - School of Psychology at Fielding Graduate University

San Francisco, CA, US

Psychopathology; transgender mental health care; psychiatric rehabilitation and recovery; size acceptance; culturally relevant pedagogy

Lauren Mizock, PhD, is doctoral faculty in the Clinical Psychology Program at Fielding Graduate University. Prior, Lauren was tenure-track faculty at Worcester State University in Massachusetts. Lauren is a licensed clinical psychologist in Massachusetts and California. Lauren is also on the Executive Committee of the Society for the Psychology of Women (Division 35) of the American Psychological Association (APA). Lauren received her PhD in Clinical Psychology from Suffolk University and completed her predoctoral internship at the Center for Multicultural Training in Psychology at Boston Medical Center. Areas of expertise include multicultural competence in research and clinical work, transgender mental health care, psychiatric rehabilitation and recovery, size acceptance, and culturally relevant pedagogy.

Education/Learning, Research, Mental Health Care

Legal Ethical and Professional Practice, Psychopathology, Humanistic and Existential Theory / Therapy, Women's Mental Health, Serious Mental Illness, Psychosocial Rehabilitation, Multicultural Psychology, Size Acceptance, Transgender Mental Health, Recovery-Oriented Care, Psychotherapy, Human Sexuality, Humanistic and Existential Psychotherapy, Gender Issues in Psychotherapy, Narrative Therapy

Society for the Psychology of Women (APA Div. 35): Executive Committee, American Psychological Association (APA) : Member, Society for the Psychological Study of Lesbian Gay Bisexual and Transgender Issues (APA Div. 44) : Member, Society for the Psychological Study of Social Issues (APA Div. 9) : Member, National Register of Health Service Psychologists : Member ID #54937

Economic challenges associated with transphobia and clinical practice implications: A qualitative research presentation (Hopwood, R. A., & Mizock, L.)
(November, 2017) National Transgender Health Summit

Coping strategies that promote resilience to employment discrimination among transgender and gender diverse individuals (Riley, J., Sotilleo, E., Woodrum, T.D., Yuen, N., Mizock, L., Ormerod, A.)
(August 2017) APA Convention

Development and Content Analysis of a Repository of Photography-Based Hope-Inspiring Messages (paper presentation, Russinova, Z., Mizock, L., Farkas, M., Bloch, P., & Mason, H.)
(August, 2017) APA Convention

Motherhood Derailed: Parenting Experiences Among Women with Serious Mental Illness (Carr, E., Mizock, L., & Wang, S.)
(May, 2017) Oregon Psychological Association Annual Meeting

Gender-Responsive and Recovery-Oriented Care: Pilot Data for an Intervention for Women with Serious Mental Illness (Raja, K. & Mizock, L.)
(March, 2017) Eastern Psychological Association Annual Meeting

Using webinars to reduce transphobia and promote awareness among mental health providers and the general public (with R. Hopwood)
(August, 2016) APA Convention

Fostering recovery through Photovoice (Workshop with Z. Russinova and S. Huckabee)
(May, 2016) Psychiatric Rehabilitation Association Conference

The acceptance process: Promoting recovery across culturally diverse groups (Workshop with Z. Russinova)
(May, 2016) US Psychiatric Rehabilitation Association Conference

Recovery 4 US: Building a social media community for persons with the lived experience of mental illness (with Z. Russinova, P. Bloch & D. Blair)
(May 2016) US Psychiatric Rehabilitation Association Conference

The Transgender Awareness Webinar: Technological innovations in stigma reduction
(November, 2015) Tools for Change Conference, Mental Health Association of San Francisco

Intersectionality and transgender and gender nonconforming identities: Implications for research and practice
(August, 2015) American Psychological Association (APA) Convention

Retraumatization in systems of care among women with serious mental illness
(August, 2015) APA Convention

Reduction of transphobic attitudes in the Transgender Awareness Webinar
(August, 2015) APA Convention

“Recovery 4 US”: Photovoice social media program for people with serious mental illnesses
(August, 2015) American Psychological Association (APA) Convention

Women with serious mental health problems: Increasing awareness and social justice
(August, 2014) APA Convention

Suffolk University
PhD Clinical Psychology

Oberlin College
BA Psychology and Gender and Women's Studies

Samuel M. Turner Early Career Award for Distinguished Contributions to Diversity in Clinical Psychology

(2016) American Psychological Association (APA) Division 12, Society of Clinical Psychology

Psychotherapy with Women Award

(2014) Awarded by APA Division 35, Society for the Psychology of Women.

Faculty Diversity and Inclusion Award

(2014) Awarded by Worcester State University.

Research Award

Awarded by Suffolk University in 2008 and 2009.

Certificate of Recognition

(2005) Awarded in recognition of Outstanding Contributions to the Gay, Lesbian, Bisexual, and Transgender Community at Suffolk University.

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