

# **Lisa Diewald**

**Program Manager, MacDonald Center for Obesity Prevention and Education | M. Louise Fitzpatrick  
College of Nursing at Villanova University**

Villanova, PA, US

Lisa K. Diewald, MS, RD, LDN, is an expert in healthy eating and nutrition education programs for children and adults

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## **Description**

A published author in national and international journals, Diewald is an excellent source on news and trends in healthy eating and nutrition education programs for children and adults. She can address new approaches to treating and preventing obesity, as well as the need for therapeutic diets for medical conditions such as Type 2 diabetes, PCOS, heart and kidney disease.

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## **Industry Expertise**

Research, Education/Learning

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## **Topics**

Polycystic Ovarian Syndrome, Weight Management, Children, Nutrition, Obesity Prevention, Nutrition Counseling

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## **Affiliations**

Nutrition counselor and coach, Nutrition for Living Counseling and Consulting Services, Exton, PA

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## **Education**

**Saint Joseph's University**  
MS

**Drexel University**  
BS

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