

Lisa May Simpson

CEO at LMS Coaching & Consulting

Chicago, IL, US

Engaging, interactive speaker and facilitator who links core values to creativity and productivity

Biography

Lisa May Simpson, CEO of LMS Coaching and Consulting, is a coach, consultant, actor, and mother with more than a decade of nonprofit management experience. Her specialties include leadership and career coaching, retreat facilitation, team building, program development and evaluation, strategic planning, and volunteer management. People tell her she has a knack for helping disparate groups reach fruitful and logical conclusions. (Her secret: listening for the possibilities and playing to people's strengths.)

Lisa most recently served as deputy director at Arts Alliance Illinois, having risen through a variety of roles over the course of ten years. During this time, she discovered her true passion: helping good people do great work. She started her coaching and consulting business in 2008 in order to spend more time doing just that.

Since then, she has worked with individual clients in a variety of settings and roles, including directors of large and midsize cultural organizations, fundraising and development professionals, mid- and entry-level nonprofit managers, teachers, and practicing artists. Her organizational client roster includes Ingenuity Incorporated (formerly Chicago Arts Learning Initiative), Arts in Bartlett, Organic School Project, Chicago Women in Philanthropy, and the Illinois Arts Council.

Lisa holds a BA in theater from Western Washington University and received her training as a coach at Coach U, which is accredited by the International Coach Federation (ICF). She is an ICF member and subscribes to their code of ethics. Lisa lives on Chicago's north side with her husband and daughter, where she enjoys making jam, practicing yoga, and playing the ukulele, though generally not at the same time.

Availability

Keynote, Moderator, Panelist, Workshop, Author Appearance

Industry Expertise

Non-Profit/Charitable, Writing and Editing, Program Development, Fine Art, Professional Training and Coaching, Arts and Crafts, Fund-Raising

Areas of Expertise

Recognizing and Treating Burnout, Internal Communications, Identifying Your Core Values

Affiliations

International Coach Federation

Sample Talks

Well Done: How to tell if you're burnt out or just plain tired

During this dynamic workshop, participants will learn to recognize the tell tale symptoms of burnout and their causes. You'll walk away with treatment and prevention strategies to use yourself and to share with your haggard co-workers!

Mentoring for Growth and Development

How to create a mentoring program that will serve your constituents and create personal and professional growth community-wide

Event Appearances

Effective Board & Staff Communications

Power of Language

CASE V Conference

Out of the Box: Coaching Leaders Toward Balance, Fulfillment and Success

Americans for the Arts, pARTicipate convention

MAPs to the Future: Mentoring Programs in the Arts

Americans for the Arts pARTicipate convention

Planning for Leadership Succession

Wisconsin Arts Board, Illinois Association of Museums, Association of African American Museums

The Evolution of Leadership and Learning

Americans for the Arts annual convention

Leadership Evolution: Planning for Succession

Americans for the Arts annual convention

Education

Western Washington University

Bachelor of Arts Theater Arts

University of Hull

Testimonials

Carolyn Avanti

I recently moved to a new area and needed to obtain clarity on the qualities I was looking for in my new friendships and significant other. Lisa listened to my needs, asked excellent questions, and reflected my responses back to me in a way that facilitated a quick understanding of what I need and want in my life. I felt like I had a teammate to support me during the hard times and challenge me to be my best. If you are looking for someone to help you obtain clarity on difficult life decisions, contact Lisa. And if you need someone to motivate and inspire you to make the attitude and behavioral changes necessary to have better relationships and a more satisfying life, I highly recommend hiring Lisa May Simpson as your coach.

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