

Marc Tinsley

The People Repairman at Fitness for the Rest of Us

Monroeville, PA, US

Think Outside the Barbell

Biography

Dr. Marc Tinsley is the People Repairman™ and the founder of Fitness For The Rest of Us™. He is a health, fitness, and wellness expert who takes the fear, difficulty, mystery, and confusion out of exercising, eating healthier, and taking better care of yourself. He energizes individuals and organizations so that they can stop losing money, and be more productive.

Keynotes * Breakouts * Workshops * In-services * Teleseminars * Webinars * Coaching * Consulting

Dr. Tinsley is a chiropractic physician, functional health, fitness, wellness, and rehabilitation expert, professional speaker, and writer with expertise in physical activity, employee wellness, corporate wellness, workplace wellness, school wellness and healthy schools programs.

He practices in Monroeville, Pennsylvania and speaks to schools, businesses and other organizations throughout the country.

As a professional speaker, his keynotes and workshops promote physical activity, proper nutrition, and emotional well-being. Programs include health, fitness and wellness programs for employees, managers, and executives, and healthy schools programs for students, parents, teachers, and administration.

A career in chiropractic, fitness, and rehabilitation was a natural choice because of his interests in orthopedics, neurology, physical therapy, fitness, sports medicine and nutrition. He is a graduate of the National College of Chiropractic, regularly achieving the honor roll and deans list, and receiving 3 separate academic scholarships.

He has been a member of the National Speakers Association Speakers' Academy, The Pittsburgh Chapter of the National Speakers Association, the President's Council on Fitness and Sports 50 Year Partner Program, the National Strength and Conditioning Association, the American Chiropractic Rehabilitation Board, and the American Medical Athletic Association. He was listed in the "Guide to America's Top Chiropractors" by Consumers' Research Council of America.

Availability

Keynote, Panelist, Workshop, Host/MC, Corporate Training

Industry Expertise

Fitness, Professional Training and Coaching, Health and Wellness

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