

Martin Dubuc

Physical Fitness Management professor and program coordinator at Cambrian College

Sudbury, ON, CA

An expert in physical fitness with a passion for travel and international volunteerism.

Description

Martin earned his undergraduate degree from Laurentian University in the **Éducation Physique et Santé** program (Physical Education and Health). He also completed a Master's degree in Human Kinetics at Laurentian University.

Upon graduating, he worked in Laurentian University's School of Human Kinetics as a laboratory technologist. He is currently a professor and the coordinator of the Physical Fitness Management program at Cambrian College.

Martin is fluently bilingual and can do interviews in both English and French.

Industry Expertise

Education/Learning, Fitness, Health and Wellness, Leisure / Recreation, Sport - Professional, Sport - Amateur, Professional Training and Coaching

Topics

Stress Management, Psychological Stimuli, Physiological Stimuli, Physical Fitness Management, Exercise Physiology, Obesity, Group Dynamics, Sport Psychology, Sport Ethics, Nutrition & Wellness, Outdoor Recreation, Canoe Tripping

Affiliations

Ontario Fitness Council, Sudbury Sport and Social Club, Canadian Society of Exercise Physiologists

Education

Laurentian University

Undergraduate Degree in **Éducation Physique et Santé** Human Kinetics

Laurentian University

Master's Degree in Human Kinetics Human Kinetics

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