

Martin Dubuc

Physical Fitness Management professor and program coordinator at Cambrian College

Sudbury, ON, CA

An expert in physical fitness with a passion for travel and international volunteerism.

Biography

Martin earned his undergraduate degree from Laurentian University in the Éducation Physique et Santé program (Physical Education and Health). He also completed a Master's degree in Human Kinetics at Laurentian University.

Upon graduating, he worked in Laurentian University's School of Human Kinetics as a laboratory technologist. He is currently a professor and the coordinator of the Physical Fitness Management program at Cambrian College.

Martin is fluently bilingual and can do interviews in both English and French.

Industry Expertise

Education/Learning, Fitness, Health and Wellness, Leisure / Recreation, Sport - Professional, Sport - Amateur, Professional Training and Coaching

Areas of Expertise

Stress Management, Psychological Stimuli, Physiological Stimuli, Physical Fitness Management, Exercise Physiology, Obesity, Group Dynamics, Sport Psychology, Sport Ethics, Nutrition & Wellness, Outdoor Recreation, Canoe Tripping

Affiliations

Ontario Fitness Council, Sudbury Sport and Social Club, Canadian Society of Exercise Physiologists

Education

Laurentian University

Undergraduate Degree in Éducation Physique et Santé Human Kinetics

Laurentian University

Master's Degree in Human Kinetics Human Kinetics

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