

S. Megan Berthold, Ph.D., LCSW

Associate Professor and Director of Field Education at University of Connecticut School of Social Work

Hartford, CT, US

Prof. Berthold's clinical and research expertise is with refugee and asylum seeking survivors of torture and the Cambodian genocide.

Biography

S. Megan Berthold has many years of experience conducting forensic evaluations, providing psychotherapy, and conducting research with diverse torture survivors. She has served as an expert witness in many of their asylum hearings and Co-Chairs the US National Consortium of Torture Treatment Programs' Research and Data Project. Her research with Cambodian genocide survivors in the United States addresses health intervention and behavior change in a population with enormous health disparities and extremely high rates of comorbid posttraumatic stress disorder, depression, diabetes, hypertension, and history of stroke. It has implications for prevention of comorbid complex health problems in newer arriving refugee groups. She collaborates with an interdisciplinary team of researchers and community leaders and organizations to promote increased health and the management of chronic conditions. Team members come from the School of Social Work (Berthold), School of Pharmacy (Buckley), the UConn Health Center (Wagner), Khmer Health Advocates (a Connecticut community based non-profit serving Cambodian Americans for over 30 years and the leading agency of the National Cambodian American Health Initiative), and the Cambodian Diabetes Association (in Siem Reap, Cambodia).

Areas of Expertise

Trauma and Recovery, refugees and asylum seekers, vicarious trauma and resilience, human rights approach to social work, co-occurring health and mental health conditions post torture and genocide

Affiliations

Editorial Advisory Board, Torture Journal (2016-present), Co-Chair Research & Data Project, National Consortium of Torture Treatment Programs (2008-present), Subject Matter Expert (appointed), International Rehabilitation Council for Torture Victims (IRCT) Data and Research Methods Reference Group (2018-2021).

Education

University of California - Los Angeles
Ph.D. Social Welfare

University of Utah
M.S.W. Clinical Social Work & Health and Mental Health

Accomplishments

2017 Light of Liberty Award

Awarded by the Pennsylvania Immigration Resource Center (PIRC) to the University of Connecticut Immigration Detention Service Project that I co-organized for outstanding pro bono service to immigrants in detention.

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