

Michael Scullin, Ph.D.

Associate Professor of Psychology and Neuroscience at Baylor University

Waco, TX, US

Nationally recognized sleep expert exploring the connections between sleep physiology, memory, education, health & aging

Biography

Dr. Scullin completed his doctorate in the Behavior, Brain, and Cognition program at Washington University in St. Louis and then a post-doctoral fellowship in the Neurology and Sleep Medicine program at Emory University School of Medicine. He is involved in service committees for the Sleep Research Society and the American Psychological Association and he co-founded the APA journal Translational Issues in Psychological Science. Dr. Scullin's research investigates how sleep physiology impacts memory, education, health, and aging. He is further interested in how we use memory to fulfill our daily intentions (a special kind of memory called "prospective" memory) as well as how lifestyle choices including exercise, diet, and medication adherence affect cognitive and neural functioning.

Industry Expertise

Education/Learning, Research, Writing and Editing

Areas of Expertise

Sleep Neuroscience and Cognition, Cognitive Neuroscience, Sleep Physiology

Education

Washington University, St. Louis
Ph.D.

Furman University
B.S.

Accomplishments

Rising Star Award, Association for Psychological Science
2017

Brenda A. Milner Award, American Psychological Association
2015

Early Career Development Award, Sleep Research Society Foundation
2015

Ruth L. Kirschstein National Research Service Award, National Institute on Aging
2012

APA/Psi Chi Edwin B. Newman Graduate Research Award

Awards for graduate research, applying psychology to education and training. Professor Scullin received this award in 2011.

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