

# **Michael Scullin, Ph.D.**

**Assistant Professor of Psychology and Neuroscience at Baylor University**

Waco, TX, US

Professor Scullin's research investigates how sleep physiology impacts memory, education, health, and aging.

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## **Biography**

Dr. Scullin completed his doctorate in the Behavior, Brain, and Cognition program at Washington University in St. Louis and then a post-doctoral fellowship in the Neurology and Sleep Medicine program at Emory University School of Medicine. He is involved in service committees for the Sleep Research Society and the American Psychological Association and he co-founded the APA journal Translational Issues in Psychological Science.

Dr. Scullin's research investigates how sleep physiology impacts memory, education, health, and aging. He is further interested in how we use memory to fulfill our daily intentions (a special kind of memory called "prospective" memory) as well as how lifestyle choices including exercise, diet, and medication adherence affect cognitive and neural functioning.

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## **Industry Expertise**

Education/Learning, Research, Writing and Editing

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## **Areas of Expertise**

Neuroscience, Sleep Physiology, Cognitive Neuroscience, Sleep Neuroscience and Cognition, Psychology, Sleep's Effect on Aging, Sleep's Effect on Memory, Sleep's Effect on Health

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## **Education**

**Washington University, St. Louis**  
Ph.D.

**Furman University**  
B.S.

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## **Accomplishments**

**Rising Star Award, Association for Psychological Science**  
2017

**Brenda A. Milner Award, American Psychological Association**  
2015

**Early Career Development Award, Sleep Research Society Foundation**  
2015

**Ruth L. Kirschstein National Research Service Award, National Institute on Aging**  
2012

**APA/Psi Chi Edwin B. Newman Graduate Research Award**

Awards for graduate research, applying psychology to education and training. Professor Scullin received this award in 2011.

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