

Miriam Liss

Professor of Psychology at University of Mary Washington

Fredericksburg, VA, US

Dr. Liss is internationally known expert on parenting and work-family balance issues.

Biography

Miriam Liss is a clinical psychologist who has conducted research on feminism, body image and objectification, parenting, division of labor and work-family balance. An internationally known expert, Dr. Liss has been interviewed by the Washington Post, MSNBC.com, and Live Science. She is the co-author of "Balancing the Big Stuff: Finding Happiness in Work, Family and Life," published by Rowman and Littlefield press, and is the co-author of a forthcoming textbook on the Psychology of Women that will be published by Norton.

She also has published research in the area of autism and developmental disorders as well as sensory processing sensitivity and self-injurious behaviors. In addition, Dr. Liss has developed a collaborative program between UMW and the New England Center for Children (NECC) where students can spend a semester at NECC outside of Boston, performing Applied Behavioral Analysis in a school setting and taking classes for UMW elective credit.

Dr. Liss' honors include election into Phi Beta Kappa and Psi Chi, where she was selected as the Regional Faculty Advisor Winner and supervised the chapter winning the National Chapter Award in 2006. She received the UMW Outstanding Young Faculty Member Award in 2005 and won the SCHEV Outstanding Faculty award in 2014. She also has been named one of Princeton Review's Best 300 Professors. Her articles have been published in numerous journals including the Sex Roles, Psychology of Women Quarterly, Personality and Social Psychology Bulletin, Journal of Personality and Individual Differences, Personality and Journal of Child Psychology and Psychiatry and Allied Disciplines. She also regularly presents at national conferences. Many of Dr. Liss' publications and presentations are with UMW student co-authors, and she enjoys mentoring students to do research that is of publishable quality.

Industry Expertise

Education/Learning, Mental Health Care, Program Development, Research, Training and Development

Areas of Expertise

Work-Life Balance, Parenting, Feminism, Autism, Developmental Disorders

Education

University of Connecticut

Ph.D. Psychology

University of Connecticut
M.A. Psychology

Wesleyan University
B.A. (Honors) Psychology

Accomplishments

2015 Outstanding Faculty Award

Miriam Liss, professor of psychology at the University of Mary Washington, has received a “2015 Outstanding Faculty Award” from the State Council of Higher Education of Virginia.

Liss joined the UMW faculty in 2001 and is a clinical psychologist.

Recently, Liss released a book with fellow UMW psychology professor Holly Schiffrin called “Balancing the Big Stuff: Finding Happiness in Work, Family and Life.”...

Best 300 Professors

Named to list of top 300 professors by Princeton Review.

Outstanding Young Faculty Member

Awarded by the University of Mary Washington.

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