

Naomi Ekas

Associate Professor at Texas Christian University

Fort Worth, TX, US

Naomi Ekas's research program utilizes a developmental psychology approach to understanding children's social and emotional development.

Biography

Naomi Ekas's research program utilizes a developmental psychology approach to understanding children's social and emotional development. They study how both intrinsic (e.g., temperament) and extrinsic (e.g., parenting quality) factors impact children's emotion regulation. They study these processes in typically developing children and children with autism spectrum disorder (ASD). In the lab, they also focus on understanding how parents who are raising a child with ASD cope with the various stressors associated with parenting a child with a developmental disability. Using a positive psychology approach, they focus on understanding the factors that promote positive psychological functioning.

Areas of Expertise

Marital Conflict, Emerging Adulthood, Parenting, Emotion Regulation, Caregiver Care for Families with Autism, Autism, Early Infant Development (Birth to Age 3), Emotional Development, Adolescence, College Students, Marital Relationship

Affiliations

International Society for Research in Autism : Member, International Society for Infant Studies : Member, The Society for Research in Child Development : Member

Education

University of Notre Dame

Ph.D. Developmental Psychology

University of Notre Dame

M.A. Developmental Psychology

University of California, Davis

B.A. Psychology with Highest Honors

Accomplishments

Society for the Teaching of Psychology Faculty Development Award

2012

Eli J. and Helen Shaheen Graduate School Award

University of Notre Dame, 2009

Outstanding Graduate Student Teacher Award for Excellence in Teaching

University of Notre Dame, 2008

[Please click here to view the full profile.](#)

This profile was created by [Expertfile.](#)