

# **Norbert Schmitz**

**Associate Professor of Psychiatry & Associate Member, Department of Epidemiology, Biostatistics and Occupational Health at Diabetes Canada**

Montreal, QC, CA

Dr Schmitz's research focuses on the role of lifestyle and psychological problems as risk factors for the development of type 2 diabetes.

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## **Description**

Norbert Schmitz is an Associate Professor (tenured) in the Department of Psychiatry and an Associate Member in the Department of Epidemiology and Biostatistics at McGill University, Montreal. He is a researcher at the Douglas Mental Health University Institute and a researcher at the Montreal Diabetes Research Center.

Dr Schmitz's research focuses on the role of lifestyle/behavioral factors and psychological problems as risk factors for the development of type 2 diabetes and as risk factors for poor health outcome in people with type 2 diabetes.

Prior to joining McGill University in 2004, Dr Schmitz was an Assistant Professor at the Department of Psychosomatic Medicine at Heinrich-Heine-University in Duesseldorf, Germany, and Director of the Research Unit Public Mental Health. Dr Schmitz obtained his PhD in Statistics from the University of Dortmund (1995) and a second PhD in Epidemiology from Heinrich-Heine-University in Duesseldorf, Germany (2002).

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## **Industry Expertise**

Education/Learning, Health and Wellness, Health Care - Facilities, Health Care - Services

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## **Topics**

Diabetes, Epidemiology, Biostatistics, Measurement Methodology, Outcome Assessment, Quality of Life Research, Interaction of Physical and Mental Illness

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## **Affiliations**

McGill University : Associate Professor (Tenured)

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## **Past Talks**

**Depressive Symptoms and Glycated Hemoglobin A1c: a Reciprocal Relationship in a Prospective Cohort Study**

International Federation of Psychiatric Epidemiology Meeting

**Depression and Diabetes: Is there a link?**

Annual Research Day of the Montreal Diabetes Research Centre

**The pattern of depressive symptoms in people with diabetes**  
Annual Meeting of the Canadian Academy of Psychiatric Epidemiology

**Characterizing The Course Of Depression In People With Diabetes: A Latent Class Analysis**  
WPA Section on Epidemiology and Public Health Meeting

**Depression and disability in diabetes: A prospective community study**  
21st World Diabetes Congress

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## **Education**

**Heinrich-Heine Universität Dusseldorf**  
Post-doctorate Habilitation Epidemiology & Biometrics

**Universität Dortmund**  
Dr.rer.nat. Statistics

**Universität Dortmund**  
Dipl.-Stat Statistics

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