

# **Paul Gordon, Ph.D.**

**Professor and Chair of the Department of Health, Human Performance and Recreation at Baylor University**

Waco, TX, US

Expert on physical activity, and lifestyle-based research related to obesity and its co-morbidities across the lifespan

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## **Biography**

Dr. Gordon is Professor and Chair of the Department of Health, Human Performance and Recreation (HHPR). He came to Baylor in the fall of 2013 with nearly 20 years of experience in academics and medicine. Prior to coming to Baylor, he served as Director of a core clinical translational laboratory in the Medical School at the University of Michigan.

Dr. Gordon's areas of expertise include physical activity, and lifestyle-based research related to obesity and its co-morbidities across the lifespan. In 2013, he was nationally recognized as a top expert in muscular fitness and health outcomes. He has been a Principal Investigator or Co-Investigator of nearly 40 multi-year research investigations, the majority of which have been funded by federal agencies such as NIH and the CDC, through highly competitive research awards. As a prolific scholar, Dr. Gordon has published more than 200 publications including high impact peer-reviewed articles, abstracts and technical reports. His research has been featured in highly regarded journals such as the International Journal of Obesity, Pediatrics, Diabetes, American Journal of Medicine, Aging Research Reviews, and Archives of Internal Medicine, to name a few. Moreover, Dr. Gordon has published several book chapters and co-authored a leading textbook in clinical exercise physiology.

Throughout his tenure, Dr. Gordon has served as a study section reviewer for various federal agencies including the Centers for Disease Control and Prevention (CDC), the National Institute of Health (NIH); and the National Science Foundation (NSF). He also serves as an editorial board member for multiple prestigious peer review journals such as Medicine and Science in Sports and Exercise, American Journal of Preventive Medicine, PLOS One, Preventing Chronic Disease, Journal of Applied Physiology, Obesity, Journal of Physical Activity and Health, Metabolism, and BMC Neuroscience. In addition to his expansive research activities, Dr. Gordon has served as a research/clinical advisor to undergraduate and graduate students as well as a senior mentor to many junior faculty members. As a distinguished researcher and educator, Dr. Gordon has received numerous prestigious awards and honors, including Nationally Recognized Research Expertise from Expertscape, the American College of Sports Medicine (ACSM) Fellowship, The Obesity Society (TOS) Fellowship and a Physical Activity and Public Health Fellowship from the Centers for Disease Control (CDC).

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## **Industry Expertise**

Health and Wellness, Health Care - Facilities, Health Care - Providers, Health Care - Services, Writing and Editing, Research, Education/Learning, Program Development

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## **Areas of Expertise**

Health, Human Performance, Recreation , Physical Activity & Health, Obesity, Lifestyle-based Research, Muscular Fitness and Health Outcomes

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## **Affiliations**

American College of Sports Medicine: Certified Exercise Specialist for Preventive and Rehabilitative Exercise Programs

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## **Education**

**University of South Carolina, Prevention Research Center**  
Fellowship Physical Activity and Public Health Research Fellowship

**University of Pittsburgh**  
Ph.D. Exercise Physiology

**University of Pittsburgh**  
M.P.H. Epidemiology

**University of Pittsburgh**  
M.S. Exercise Physiology

**University of Pittsburgh**  
B.A. Business/Economics

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## **Accomplishments**

**Nationally Recognized Research Expertise**  
Awarded by Expertscape

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