

Pierre Côté, PhD

Canada Research Chair in Disability Prevention and Rehabilitation, and Associate Professor, Faculty of Health Sciences at University of Ontario Institute of Technology

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International musculoskeletal expert developing evidence-based interventions to reduce the burden of long-term disability

Back pain, whiplash injuries and arthritis are common conditions responsible for nearly half of all disabilities experienced in Canada. They are also the main reason so many individuals miss work and consequently have a highly negative impact on productivity.

Musculoskeletal conditions are responsible for 46.1 per cent of disabilities experienced in Canada, yet little research has been done to better understand why the initial symptoms turn into long-term disabilities.

As Canada Research Chair in Disability Prevention and Rehabilitation, Pierre Côté, PhD, is dedicated to understanding why individuals develop disabilities, how those disabilities can be prevented, and how individuals can be rehabilitated. Listed three times among the 100 Most Influential Publications in Cervical Spine Research, his work focuses on developing and testing evidence-based interventions that address the physical, psychosocial and societal issues associated with pain and disability.

The economic impact of treating these types of musculoskeletal disabilities is enormous. According to a 2010 report from the Canadian Orthopaedic Care Strategy Group, the number of Canadians with musculoskeletal diseases is predicted to increase with the aging baby boomer population, from 11 million in 2007 to 15 million in 2031. Factor in a recent Statics Canada estimate that \$1.2 trillion will be needed to fund the health-care needs of boomers over the next 25 years. Managing these types of disabilities has a substantial economic impact, both currently and well into the future.

Dr. Côté and his research team are taking a holistic approach to identifying key factors that lead to disability. By designing appropriate treatments and rehabilitation approaches, they believe they can make significant inroads into reducing the burden of disabilities related to musculoskeletal pain.

Education/Learning, Research, Health and Wellness, Insurance

Epidemiology, Public Health, Disability, Clinical Practice Guidelines, Systematic Reviews, Musculoskeletal Disorders, Rehabilitation, Headache, Neck Pain, Low Back Pain

Eurospine Conference

Eurospine Conference

National Model of Care for Low Back Pain Session

National Model of Care for Low Back Pain Session

Eurospine Task Force on Research

Eurospine Task Force on Research

World Health Assembly
World Health Organization

4th Annual Strategic Research Retreat
UOIT - Faculty of Health Sciences

University of Toronto
PhD Epidemiology and Collaborative Program in Bioethics

University of Saskatchewan
MSc Orthopaedic Surgery (Epidemiology)

Canadian Memorial Chiropractic College
FCCS Chiropractic Clinical Sciences

Canadian Memorial Chiropractic College
DC Chiropractic

Named One of the World's Most Influential Cervical Spine Researchers

In a historical and comprehensive study by Switzerland's University of Bern, three of Dr. Côté's research papers are listed among the 100 Most Influential Publications in Cervical Spine Research globally. The Swiss study of the 100 most-cited papers on cervical spine research over the last 100 years named publications authored or co-authored by Dr. Côté at numbers 9, 16 and 48 on the list.

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