

# Poppy Smith

International Speaker/Author/Spiritual Life Coach at Inspiring YOU To Thrive!

Portland, OR, US

Inspiring YOU To Thrive: Spiritually, Personally, Relationally

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## Biography

With her fun personality and passion for communicating life-changing truths, Poppy Smith inspires audiences here and overseas to thrive spiritually, personally and relationally. She is a former Bible Study Fellowship Teacher, has a Masters in Spiritual Formation, and is the author of six publications that help readers live successful and fulfilling lives. Poppy is British, grew up in various countries and is married to an American. She brings an international flair seasoned with humorous honesty to her presentations on spiritual issues, choices, attitudes, sex and power, and taking care of yourself.

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## Availability

Author Appearance

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## Industry Expertise

Training and Development

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## Areas of Expertise

Change Your Life!, Wisdom for Today's Woman, Take Care of Yourself!, Sex and Power in the Workplace, Change Your Thinking

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## Affiliations

Oregon Christian Writers; AWSA (Advanced Writer Speaker Association); CLASS; George Fox Seminary

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## Education

George Fox Seminary

MSFD Spiritual Formation and Direction

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