

# **Prof. Kaarin Anstey**

**Professor, School of Psychology at Australian National University**  
Canberra, , AU

Psychology and neuroscience expert exploring the epidemiology of cognition and dementia

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## **Description**

Professor Kaarin Anstey joined UNSW in 2018. She leads an NHMRC Centre of Research Excellence in Cognitive Health, is a Director of the NHMRC Dementia Centre for Research Collaboration and Co-Deputy Director of the ARC Centre of Excellence in Population Ageing Research. Kaarin's research programs focus on the causes, consequences and prevention of cognitive ageing, dementia, and common mental disorders in adulthood. Kaarin has worked extensively with longitudinal studies, and leads the PATH Through Life Project which has followed over 7000 people for 16 years. Kaarin also conducts research into older driver safety.

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## **Industry Expertise**

Health and Wellness, Health Care - Services, Research, Education/Learning

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## **Topics**

Cognitive Reserve, Epidemiology, Health Promotion, Mental Health, Developmental Psychology and Ageing, Geriatrics and Gerontology, Aged Health Care, Cognitive Sciences, Psychology, Neurosciences, Public Health and Health Services, Older Drivers

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## **Affiliations**

Dementia Collaborative Research Centre - Early Diagnosis and Prevention: Director, NeuRA: Senior Principal Research Scientist, ARC Centre of Excellence in Population Ageing: Deputy Director, NHMRC Dementia Centre for Research Collaboration: Director

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## **Education**

University of Queensland, University of Sydney  
PhD Psychology

University of Sydney  
BA Psychology

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