

Robin Cox

Research Director and Professor at ResilienceByDesign Research Lab and Royal Roads University
Victoria, BC, CA

Robin Cox's expertise includes the psychosocial dimensions of disasters, disaster resilience, and traumatic stress and coping.

Biography

Dr. Robin Cox is a Professor and Program Head of the Disaster and Emergency Management programs at Royal Roads University, and the Research Director of the ResilienceByDesign Research Innovation Lab (RbD). Robin has devoted her program of research to focus on understanding the psychosocial, human dimensions of disasters and climate change with a particular emphasis on working with young people.

Robin is the director of the RbD - an applied research lab that conducts interdisciplinary and transdisciplinary research using social innovation, creative action research, mixed-methods and participatory approaches to explore disaster risk, resilience, and transformative climate change adaptation with youth and communities.

Specific expertise includes:

individuals and community resilience; human dimensions of climate change adaptation; disaster risk reduction, youth engagement; the role of disasters in sparking social change and creative innovation; psychological and social impacts of disasters; psychosocial interventions; traumatic stress and stress; community resilience assessment.

Current RbD Projects:

- 1) Alberta Resilient Communities Project (ARC) - working with youth to use social innovation to develop youth-generated community resilience initiatives (funded by Alberta Innovates Health);
 - 2) Youth Voices Rising - working with youth, community organizations and participatory video (funded by Canadian Red Cross);
 - 3) Youth Resilience in the context of Oil and Gas Production and Climate Change focus on understanding and catalyzing the capacity of youth to contribute to the resilience of their families and communities in the face of changing contexts and communities; (funded by CIHR);
 - 4) Youth Storyline Project - using photo-story and documentary film to engage Indigenous and Non-Indigenous youth from communities along the TransMountain pipeline route (BC and Alberta) in authentic dialogues to explore visions for Canada's energy future.
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Industry Expertise

Education/Learning, Research, Mental Health Care, Public Safety, Health and Wellness

Areas of Expertise

Resilience, Higher Education, Community Resilience, Disaster Psychosocial Response, Stress and Coping, Qualitative and Mixed Method Research, Participatory Research, Human Dimensions of Disasters, Disaster Psychosocial Planning, Creative Action Research, Disaster Management, Mental Health, Disaster Mental Health Interventions, Disaster Communication, Youth Engagement

Event Appearances

Youth Creating Disaster Recovery: A participatory action research project
XVIII International Sociological Association World Congress of Sociology

Rural Resilience

37th Natural Hazards Research and Application Workshop

Creating and Exploring the integration of PhotoVoice and Human Library methodologies in community building

Social Sciences Interdisciplinary Conference

The Rural Disaster Resilience Project and the Resilience Index

Canadian Risks and Hazards Network Annual Symposium

Disaster Resilience and Risk Reduction

Forum on Emergency Preparedness and Response 2012

Youth Engagement in Disaster Risk Reduction

Understanding Risk+ Vancouver

Education

University of British Columbia

Ph.D. Educational and Counselling Psychology

University of British Columbia

M.A. Educational and Counselling Psychology

University of British Columbia

B.A. Psychology

Accomplishments

Kelly Outstanding Teaching Award

2016

Awarded by Royal Roads University.

Post-Doctoral Fellowship

2008

Michael Smith Health Research Foundation.

Certificate of Academic Excellence

2007

Awarded by the Canadian Psychological Association.

Best Doctoral Dissertation Award

2007

Awarded by the Canadian Psychological Association – Counselling Section.

Doctoral Fellowship

2006

Social Science & Humanities Research Council.

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