

# **Robin Simon**

**Professor of Sociology at Wake Forest University**

Winston-Salem, NC, US

Simon has conducted groundbreaking research regarding the impact of parenthood on adults' happiness and health.

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## **Biography**

Following the publication of her study, *The Joys of Parenthood Reconsidered*, Robin Simon was interviewed by media outlets across the country including Newsweek, CBS' 60 Minutes, NBC's Today Show, and NPR's Wait, Wait Don't Tell Me. Her research revealed that adults with children are not happier than adults without children.

Simon also received nationwide attention for another study that revealed counterintuitive findings: young men are more vulnerable than young women to the ups and downs of romantic relationships. She is currently studying the emotional benefits of marriage for functionally disabled adults, the emotional well-being of menopausal women and has a new study out on sex, anger and depression. She is working on a National Science Foundation funded project on cross-national variation in the impact of parenthood on happiness. She is also studying the emotional benefits of marriage for functionally disabled adults. Simon serves on the editorial boards of *Social Psychology Quarterly* and the *Sociology of Mental Health*.

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## **Areas of Expertise**

Social Relationships and Health, Parenthood and Happiness, Gender Emotion and Mental Health, Women and Depression, Romantic Relationships

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## **Affiliations**

*Social Psychology Quarterly* (Journal) : Editorial Board, *Sociology of Mental Health* (Journal) : Editorial Board

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## **Education**

**Indiana University**

Ph.D. Sociology

**Indiana University**

M.A. Sociology

**University of Massachusetts**

B.A. Sociology

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