

Sapna Mendon

PhD Student Lecturer at USC Suzanne Dworak-Peck School of Social Work

Los Angeles, CA, US

SAPNA J. MENDON is a doctoral student at the USC Suzanne Dworak-Peck School of Social Work.

Biography

SAPNA J. MENDON is a doctoral student at the USC Suzanne Dworak-Peck School of Social Work. Her research interests include implementation science and mental health services. Using mixed-method study designs, Sapna is currently studying the adoption and penetration of evidence-based mental health programs across state-operated agencies, as well as the sustainment of evidence-based prevention programs across the U.S.

Prior to beginning doctoral studies, Sapna served as the Director of Program Evaluation at the New York State Psychiatric Institute for OnTrackNY, a statewide initiative developed to provide coordinated specialty care services to young adults experiencing the recent onset of psychosis. In this role, she also served as a clinical trainer, providing training and resources for clinicians across the state and nationwide. Over the span of 10 years, her research has focused on early intervention services, suicide prevention, health care disparities among ethnic minorities and implementation science.

Sapna has also maintained a strong commitment to clinical practice. She has worked extensively with underserved populations, at-risk youth who were previously incarcerated and victims of sexual abuse. Following her work in community-based agencies, Sapna broadened her scope of practice to include treating patients with serious mental illness, eating disorders and post-traumatic stress. Her clinical experience includes working with individuals and groups, as well as working with families affected by mental illness.

Sapna is expected to complete her PhD in Social Work by Spring 2019.

Industry Expertise

Mental Health Care, Education/Learning

Areas of Expertise

Suicide Prevention, Mental Health Services, Implementation Science, Early Intervention Services

Affiliations

American Psychological Association (APA), National Association of Social Workers (NASW), Society for Social Work Research (SSWR)

Education

New York University
MSW Social Work

University of California, Riverside
BA Psychology, Neuroscience

Accomplishments

Doctoral Program Fellowship
School of Social Work, University of Southern California, 2015

Provost Fellowship
The Graduate School, University of Southern California, 2015

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