

# **Sara Kintzle**

**Research Associate Professor Center For Innovation And Research On Veteran And Military Families  
Dept. of Adult Mental Health and Wellness at USC Suzanne Dworak-Peck School of Social Work  
Los Angeles, CA, US**

Sara Kintzle studies the experiences of individuals who have served in the military, and the transition from active duty to civilian life.

---

## **Biography**

SARA KINTZLE is an associate research professor in the USC Suzanne Dworak-Peck School of Social Work Center for Innovation and Research on Veterans & Military Families. Since joining USC in 2013, Kintzle has earned a reputation as an emerging national and international leader on issues related to military service.

Kintzle has focused on building an expertise in the life experiences of individuals who have served in the military with particular emphasis on transition from active duty to civilian life. Her research has broadly focused on: 1) the building and validation of military transition theory as a mechanism for understanding the challenges faced by current and former service members; 2) leading research studies aimed at providing insight into the experience of service members and veterans, including risk and protective factors related to successful military transition, challenges to psychological and physical health, risk for suicide, sexual harassment, stalking and sexual assault, and securing post-service employment; and 3) the development and testing of interventions, informed by both theory validation and research findings, aimed at the prevention of adverse outcomes for service members and veterans.

Along with Kintzle's extensive research experience, she also has a strong dedication to teaching, mentoring and service. She is currently the vice-chair of the school's military track curriculum and co-director of the recently implemented military academic center, which focuses on the recruitment, retention and positive graduate experience of student veterans and those enrolled in the military track. Kintzle has authored over 30 publications—including 18 in peer-reviewed journals and an additional five currently under review—and recently signed a contract with Springer Press to publish a book entitled Military Transition Theory. She currently serves as an associate editor for the journal Traumatology and on the editorial board for the Journal of Military Behavioral Health.

---

## **Industry Expertise**

Military, Research, Writing and Editing, Education/Learning

---

## **Areas of Expertise**

Healthy Aging, Military Social Work, Adults Aging

---

## **Education**

University of Georgia  
Ph.D.

**University of Iowa**  
M.S.W.

**University of Iowa**  
B.S.W.

**University of Iowa**  
B.A.

---

[Please click here to view the full profile.](#)

This profile was created by [Expertfile.](#)