

Sarah A. Schnitker, Ph.D.

Associate Professor, Psychology & Neuroscience at Baylor University

Waco, TX, US

Sarah A. Schnitker is an expert in the study of patience, self-control, gratitude, generosity, and thrift.

Biography

Dr. Sarah Schnitker joined the Psychology and Neuroscience Department at Baylor University in fall 2018 as an Associate Professor. She holds a Ph.D and an M.A. in Personality and Social Psychology from the University of California, Davis, and a BA in Psychology from Grove City College. Prior to joining the faculty at Baylor University, Schnitker was an Associate Professor in the Thrive Center for Human Development at Fuller Theological Seminary in Pasadena, CA. Schnitker studies virtue and character development in adolescents and emerging adults, with a focus on the role of spirituality and religion in virtue formation. She specializes in the study of patience, self-control, gratitude, generosity, and thrift. Schnitker has procured more than \$3.5 million in funding as a principle investigator on multiple research grants, and she has published in a variety of scientific journals and edited volumes. Schnitker is a Member-at-Large for APA Division 36 – Society for the Psychology of Religion and Spirituality, is a Consulting Editor for the organization’s flagship journal, Psychology of Religion and Spirituality, and is the recipient of the Virginia Sexton American Psychological Association’s Division 36 Mentoring Award.

Industry Expertise

Mental Health Care, Research, Education/Learning, Writing and Editing

Areas of Expertise

Personal Goals, Adolescent Interventions, Spirituality, Thrift, Gratitude, Patience, Self-Control, Generosity, Religious Motivation, Positive Psychology, Personality Development

Education

University of California, Davis

Ph.D. Personality and Social Psychology

University of California, Davis

M.A. Personality and Social Psychology

Grove City College

B.A. Psychology

Accomplishments

Mentoring Award

Virginia Sexton American Psychological Association's Division 36

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