

# **Scientia Prof. Perminder Sachdev**

**Professor of Neuropsychiatry at The University of New South Wales**  
Randwick, New South Wales, AU

Neuropsychiatry expert revolutionizing our understanding of the ageing brain, apropos of lifestyle choices

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## **Description**

Prof. Sachdev is Scientia Professor of Neuropsychiatry at the University of New South Wales (UNSW), Co-Director of the Centre for Healthy Brain Ageing (CHeBA) and Clinical Director of the Neuropsychiatric Institute, Prince of Wales Hospital in Sydney, Australia. He is an Inaugural Chair of the RANZCP Neuropsychiatry Section, Convenor of the NSW Neuropsychiatry Interest Group, Medical Adviser and Founding Executive Member of the Tourette Syndrome Association of Australia, and Chief Medical Adviser to Alzheimerâ€™s Australia.

Prof Sachdev graduated from the All-India Institute of Medical Sciences (1978) and completed his MD in Psychiatry (1983) before migrating to New Zealand. He moved to Australia where he completed his psychiatric training and PhD (1991). His PhD was on ethnopsychological concepts in Maori culture. His early work on the high prevalence of tardive dyskinesia in institutionalised developmentally disabled individuals influenced the practice of using antipsychotics in such institutions in Australia.

With Prof. Brodaty, he founded CHeBA, which promotes brain health and the prevention of dementia. He leads three longitudinal cognitive ageing studies: Sydney Memory and Ageing Study, Older Australian Twins Study and Sydney Centenarian Study; and three international networks: COSMIC, STROKOG and ICC-Dementia. He has published five books, edited three books, and written 56 book chapters and over 600 peer-reviewed papers. His H-index is 82, with more than 23,000 total Google Scholar citations. His most recent books are The Yipping Tiger and Other Tales from the Neuropsychiatric Clinic and Secondary Schizophrenia.

Prof Sachdev was NSW Scientist of the Year for Biomedical Sciences (2010) and appointed Member of the Order of Australia (2011) for service to medical research in the field of neuropsychiatry as a clinician and academic and to professional associations at a national and international level. He received the Australian Society for Psychiatric Research Founderâ€™s Medal (2011) and was an International Distinguished Fellow of the American Psychiatric Association (2012). He received the UNSW Medicine Deanâ€™s award (2014) for outstanding contributions to research and teaching and became a Fellow of the Australian Academy of Health and Medical Sciences (2015).

As first chief investigator, Prof Sachdev currently holds Program, Project and Capacity Building Grants from NHMRC Australia and an ARC Discovery Grant, in addition to many other grants.

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## **Industry Expertise**

Education/Learning, Research, Health and Wellness, Health Care - Services, Health Care - Facilities

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## **Topics**

Cognitive Reserve, Psychiatry (incl. Psychotherapy), Geriatrics and Gerontology, Neurosciences, Neurogenetics, Health Related to Ageing, Neurodegenerative Disorders Related to Ageing

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## **Affiliations**

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## **Education**

**University of New South Wales Australia**  
PhD Transcultural Psychiatry

**All India Institute of Medical Sciences**  
MB, BS, MD Psychiatry

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