

Senia Maymin

Coauthor, Workshops, Talks at Profit from the Positive

San Francisco Bay Area, CA, US

Expert in business and positive psychology

Biography

Senia Maymin, PhD, is the coauthor of "Profit from the Positive" (McGraw-Hill, 2013).

Maymin has been featured in the media—including PBS's "This Emotional Life," Business Week, Public Radio International, and USA Today—primarily for her work as a positive psychology executive coach. When entrepreneurs and executives seek far-reaching productivity improvements, they call on Maymin as an executive coach and workshop leader. Maymin founded and is editor in chief of a research news website featuring more than 1,000 articles by over 100 authors. Additionally, Maymin oversees a network of coaches that specialize in positive psychology methods. She has worked in finance on Wall Street and in technology as cofounder and president of two start-ups. Maymin holds a BA in Math and Economics from Harvard, a Master of Applied Positive Psychology from the University of Pennsylvania, and an MBA and PhD in Organizational Behavior from the Stanford Graduate School of Business. She speaks Russian, French, and Japanese. She lives with her family in California. You can visit the research news website at www.PositivePsychologyNews.com, the coaches network at www.PositiveCoaches.net, and Maymin's website at www.Senia.com.

Availability

Keynote, Moderator, Workshop, Author Appearance, Corporate Training

Industry Expertise

VC and Private Equity, Financial Services, Information Technology and Services

Areas of Expertise

Business and Positive Psychology, Productivity, Team Conflict

Affiliations

Harvard, Stanford, Morgan Stanley

Sample Talks

3 Tools to Increase Productivity Immediately after Lunch

How can I trick myself into starting a daunting project? What's the smallest change I can make to increase productivity? What's missing in Nike's message of "Just Do It"? Without getting anyone else involved, how can I "outsource" my work?

At this talk, you will learn tools that are ingeniously fast and simple. These are tools that have been implemented in businesses large and small, and as diverse as Google, VMware, SNL Financial, Aetna, and Intel.

Education

Harvard

A.B. Math and Economics

Stanford

MBA

University of Pennsylvania

Master of Applied Positive Psychology

Stanford

Ph.D.

Testimonials

Sarah

Senia was the guest speaker at Intel's "Beyond the Cube" speaker series. Not only did she deliver a fun, interactive, and relevant talk, we also had one of the record attendance and book giveaway! Our audience was so intrigued that numerous stayed behind to further discuss the topic related to Productivity & Positive Psychology. ...

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