

Teisha Shelby-Houston

Author, Speaker, Trainer, TV Host at 4U Who Have an Ear, LLC
Greenville, SC, US

Mompreneur expert that teaches women how to live a life of purpose, power and purpose

Biography

Homeschooling mother of 5, Teisha Shelby-Houston (Lady T) specializes in helping women grow from mom to mompreneur!

Lady T taught and trained employees in organizations throughout the U.S and the U.K. for years when she "started feeling guilty about training people to be better employees". So she turned to her passion and focused on helping people to become their own boss; teaching them how to start a home-business that centers on their passion and purpose.

Today she is considered a Mompreneur Expert and shares strategies for success-along with 19 other experts-in the book Mom Entrepreneur Extraordinaire. Lady T's Blogtalk shows and her local Women's Power Networking Group have both positioned her in the middle of mompreneurs where she proudly serves them in their endeavor of entrepreneurship and motherhood. This has allowed her to perfect her CATapult Coaching Program™, a system that helps moms get focused, balanced & profitable!

She has been an invited guest on Oprah, a recipient of The Woman of Excellence 2010 Award and the contributor of 3 online magazines. Her message is "an empowered mom affects generations" and her mission is to empower as many as she can reach!

Availability

Moderator, Panelist, Workshop, Host/MC, Author Appearance

Industry Expertise

Business Services, Training and Development, Professional Training and Coaching, Corporate Training, Women

Areas of Expertise

Entrepreneur Mindset Trainer, Conscious Parenting, Personal Development, Entrepreneurship, Finding Your Purpose, Conscious Living, Leadership Training and Development, Communication

Affiliations

Toastmasters (President), Fred Pryor Plus Trainer, CareerTrack Trainer

Sample Talks

From Idea to Business

Discover the action steps that you must take to build your faith and determination as you move toward your glorious (but impossible to see) success!

Overcome personal beliefs that might be holding you back
Set SMART goals to develop professionally and personally
Get completely clear on your vision and your "WHY"

Event Appearances

Successful Women Communicate Powerfully

Women's Conference

Finding Your Purpose

Sunday service

Education

Tuskegee University

Bachelor of Science Business Management

Accomplishments

Woman Of Excellence Award

2010 distinguished award, recorded in the state records of SC

Certified Spiritual Gifts Trainer

Spiritual gifts trainer based on Roman 12 and book Discover Your God Given Gifts by Don & Katie Fortune

Toastmaster

2nd place in State for humorous speech contest

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