

Theresa Granger

Clinical Assistant Professor of Social Work Dept. of Nursing at USC Suzanne Dworak-Peck School of Social Work

Los Angeles, CA, US

Advanced practice nursing expert focused on homelessness, social determinants of health, and community-based involvement.

Biography

Theresa Granger serves as clinical assistant professor in the Department of Nursing's Family Nurse Practitioner program. Dr. Granger is a licensed, nationally certified family nurse practitioner with prescriptive authority who practices in the state of Washington.

Prior to joining USC, she was an adjunct faculty member at Maryville University, a visiting professor at Chamberlain College of Nursing, and an Assistant Professor at Seattle University College of Nursing. While at Seattle University, Dr. Granger was awarded a Community-Based Research fellowship through the Seattle University Youth Initiative. Dr. Granger also participated in the Leadership Education In Adolescent Health (LEAH) program through the University of Washington's Division of Adolescent Medicine.

Dr. Granger has been a nurse and family nurse practitioner for more than 20 years. An expert in the area of adolescent high-risk behavior, she has focused clinical and research interests on the many aspects of adolescent growth and development, specifically the effects that family relationships have on positive and negative aspects of development. She also has extensive experience in the medical management of complex adolescent, adult and geriatric patients.

Dr. Granger is passionate about improving the lives of those who are homeless, uninsured or under insured, and has worked as a volunteer medical provider for a homeless youth clinic in Seattle, Washington. Currently, Dr. Granger works with local communities helping them set up no-cost medical clinics.

Granger received her bachelor's and master's degrees in nursing from Washington State University. Her PhD in nursing research is from the University of Colorado College of Nursing.

Availability

Keynote, Moderator, Panelist, Workshop, Host/MC, Author Appearance, Corporate Training

Industry Expertise

Training and Development, Public Policy, Professional Training and Coaching, Education/Learning, Mental Health Care, Health Care - Providers, Health and Wellness, Health Care - Facilities, Health Care - Services, Alternative Medicine, Non-Profit/Charitable, Program Development, Research, Pharmaceuticals, Writing and Editing

Areas of Expertise

Social Determinants of Health, Rural Health, Professional Development Training , Health Care Policy, Health Care Advocacy, Health Care Across the Life Span, Child Welfare Issues, Curriculum and Instruction, Family Care, Community-Based Intervention Research, Homelessness, Family Relationships, Adolescent growth and development, Clinical Teaching, Community-based Health Care, Nursing Science, Interprofessional Education and Care, Curriculum Design, Adolescent Health, Health Care Access, Sexual & Reproductive Health, Online Education, Non-Profit Management, Health Care for the Homeless

Affiliations

National Network for Youth, International Council of Nurses, Nurse Practitioner/Advanced Practice Network, National Health Care for the Homeless Council, California Association for Nurse Practitioners, Society for Adolescent Health and Medicine, American Association of Nurse Practitioners, National Organization of Nurse Practitioner Faculties, Sigma Theta Tau

Grand Challenges

Ensure healthy development for all youth

Each year, more than six million young people receive treatment for severe mental, emotional, or behavioral problems. Strong evidence shows us how to prevent many behavioral health problems before they emerge. By unleashing the power of prevention through widespread use of proven approaches, we can help all youth grow up to become healthy and productive adults (American Academy of Social Work & Social Welfare, 2018).

Close the health gap

More than 60 million Americans experience devastating one-two punches to their health—they have inadequate access to basic health care while also enduring the effects of discrimination, poverty, and dangerous environments that accelerate higher rates of illness. Innovative and evidence-based social strategies can improve health care and lead to broad gains in the health of our entire society (American Academy of Social Work & Social Welfare, 2018).

End homelessness

During the course of a year, nearly 1.5 million Americans will experience homelessness for at least one night. Periods of homelessness often have serious and lasting effects on personal development, health, and well-being. Our challenge is to expand proven approaches that have worked in communities across the country, develop new service innovations and technologies, and adopt policies that promote affordable housing and basic income security (American Academy of Social Work & Social Welfare, 2018).

Event Appearances

PhD Convocation Speaker, College of Nursing

University of Colorado Anschutz Medical Center Convocation

Mii and my relationships: The panel-Learning from others' stories.

Group Panel Presentation

Strategies for the advance practice nurse to facilitate staff involvement with research
Seattle Nursing Research Group

A systematic review of housing-led interventions for homeless youth: Preliminary findings
West Coast Convening VIII

Using a patient panel of case studies to teach across the FNP curriculum
National Organization of Nurse Practitioner Faculties 43rd Annual Conference

The importance of Integrative Health in primary care: Western medicine will only take you so far!
American Academy of Nurse Practitioners 2017 National Conference

STDs: Confronting don't ask. Don't tell.
American Association of Nurse Practitioners 2016 National Conference

Best practices for evaluating student knowledge and performance
WSNA Nurse Educator CNE Event

Nurse practitioner interdisciplinary education: An online exemplar
School of Social Work

Maintaining best practice: A community-based research project between Seattle University and the King County Juvenile Detention Center
Community-Engaged Scholarship Symposium

Finding ways to reduce teen homelessness.
Sullivan Leadership Program

The use of POGIL in first quarter nursing immersion courses: A pilot project
Lunchtime Scholar Series

Exploring nursing as a career
Middle College High School

What it's like to teach undergraduate students at Seattle University
New Faculty Institute

People, passion, purpose (P3): A learning odyssey
People Passion Purpose (P3) - Join the Conversation

Education

University of Colorado, College of Nursing
PhD Nursing Research

Washington State University
MN/FNP Nursing

Washington State University
BSN Nursing

Oregon Health & Science University
Support Courses for PhD Nursing Education

Seattle University
Faculty Fellowship Community-Based Research

University of Washington, Division of Adolescent Medicine
Certificate Leadership Education in Adolescent Health (LEAH)

Washington State University, Global Campus
Certification of Instructional Effectiveness Excellence in Teaching Online

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