

# **Tom Terwilliger**

**CEO at LoDo Media, Inc. and FitGame Inc.**

Greater Denver Area, CO, US

Mr. America, Achievement Mentor, Intl. Speaker/Trainer, Health & Fitness Advocate

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## **Biography**

Known as "The Achievement Mentor," Tom Terwilliger is a leading authority on the Science of Achievement, international speaker and empowerment trainer and the author of the acclaimed #1 bestsellers, *7 Rules of Achievement* and *Why Smart Goal May Be Dumb*. Tom's unique background as a former Mr. America, longtime Fox Sports Net TV show host and Clear Channel radio show host has allowed him the opportunity to reach and impact the lives of hundreds of thousands of people. Tom's authentic love of people and his strong belief in their ability to achieve far more than they believe possible has fueled his passion for over 30 years. His inspiring story of pulling himself from the world of drug and alcohol abusing outlaw biker to National Bodybuilding Champion (Mr. America) and high achiever has inspired countless others to reach for their own limitless potential. Read more of Tom's story at <http://www.TomTerwilliger.com>

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## **Availability**

Keynote, Moderator, Panelist, Workshop, Host/MC, Author Appearance, Corporate Training

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## **Industry Expertise**

Health and Wellness, Professional Training and Coaching, Corporate Leadership

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## **Areas of Expertise**

Goal Achievement, Mindset, Health and Wellness

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## **Event Appearances**

**Stepping Up To Greatness**

CCX Corporate Headquarters

**Your Body is Your Business**

IdeaWorld Convention

**Resetting Your Success Thermostat**

Millionaire Mind Intensive

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