

# Tricia Molloy

President at Working with Wisdom

Marietta (Atlanta), GA, US

Motivational speaker Tricia Molloy inspires employees to be more positive and focused so they can achieve their goals faster and easier

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## Description

Tricia Molloy is a motivational speaker on change management through wise business practices.

She works for organizations that want to inspire their people to perform at their best every day. Tricia is the author of *Divine Wisdom at Work: 10 Universal Principles for Enlightened Entrepreneurs* and the *CRAVE Your Goals!* ebook.

Known as *The Queen of Serene*, Tricia's wise, peaceful presence and common-sense advice are welcome in today's challenging, complex business environment. Through Working with Wisdom talks, workshops, webinars and retreat programs, Tricia inspires professionals to achieve their goals faster and easier by capitalizing on the power of the subconscious mind and life-changing principles like Visualization, Affirmations and Gratitude.

A seasoned business owner and marketing consultant, Tricia also offers one-on-one, short-term Wisdom Mentoring for women entrepreneurs and business leaders.

Tricia is a board member of the Georgia National Speakers Association and a member of the Network of Executive Women. She is a contributing author in *Good Business: Putting Spiritual Principles Into Practice at Work* (Unitarian House, 2010). The *Working with Wisdom for Project Managers* course and webinar series for professional development unit (PDU) credits is available through PDU2GO.

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*"Wow! Tricia Molloy's uplifting CRAVE program is just what we needed to help us manage the challenges we face at work."*

AT&T

*"Tricia got our attention, made us think and, most importantly, inspired us to take action" one CRAVE step at a time.*

Life University

*"Tricia's powerful, practical advice for reducing stress and staying focused was refreshing and right on target."*

IBM

*"Tricia is so grounded and soothing; her talk was like a yoga session for the mind."*

American Marketing Association

*"If you want to have a wildly successful business or career, follow Tricia's wisdom for a huge return on your investment."*

The Brain Trust

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## Availability

Keynote, Moderator, Panelist, Workshop, Author Appearance

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## Industry Expertise

Training and Development

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## Topics

Goal Achievement, Stress Management, Work/Life Balance

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## Affiliations

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## Sample Talks

### **CRAVE Your Goals! Five Simple Steps to Reduce Stress and Be More Positive and Focused**

Did you know that universal laws are always at work that either support or sabotage our success? Laws like “The Universe abhors a vacuum” and “What you focus on expands.”

Capitalize on the power of your subconscious mind and these laws to achieve goals faster and easier. Participants develop critical leadership skills, boost productivity, build authentic relationships and banish stress. Learn how to master the five-step CRAVE system:

- Clean Out the Clutter to create the clarity and space you need to accomplish your goals
- Raise Your Vibrations (your feelings and emotions) to maintain a positive attitude
- Affirm Success to remind you what you know to be true and counter negative messages
- Visualize your goals through a three-step process
- Express Thanks to focus on what’s going right and show appreciation to others for supporting your success

This program can be customized to focus on sales, customer service, leadership, teamwork wellness or other specific organization goals or event themes.

## **DESIGN Your Ideal Life! Five Simple Steps to Live and Work with Purpose and Passion**

Professionals who have a clear sense of purpose enjoy their work and are more likely to excel at it. In this program, weâ€™ll explore how to define your life purpose and four other success strategies. What we choose to think, feel, say to others, and ourselves and believe to be true creates our reality. Commit to create your reality by design and not default through this simple five-step DESIGN formula:

â€¢ Define Your Life Purpose

â€¢ Embrace Prosperity

â€¢ Seek

Insights

â€¢ Get Real (Live your truth.)

â€¢ Nurture the Moment (Stay present.)

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## **Education**

**New York University**

Bachelor's Degree Broadcast Journalism

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## **Accomplishments**

Author of "Divine Wisdom at Work: 10 Universal Principles for Enlightened Entrepreneurs."

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